

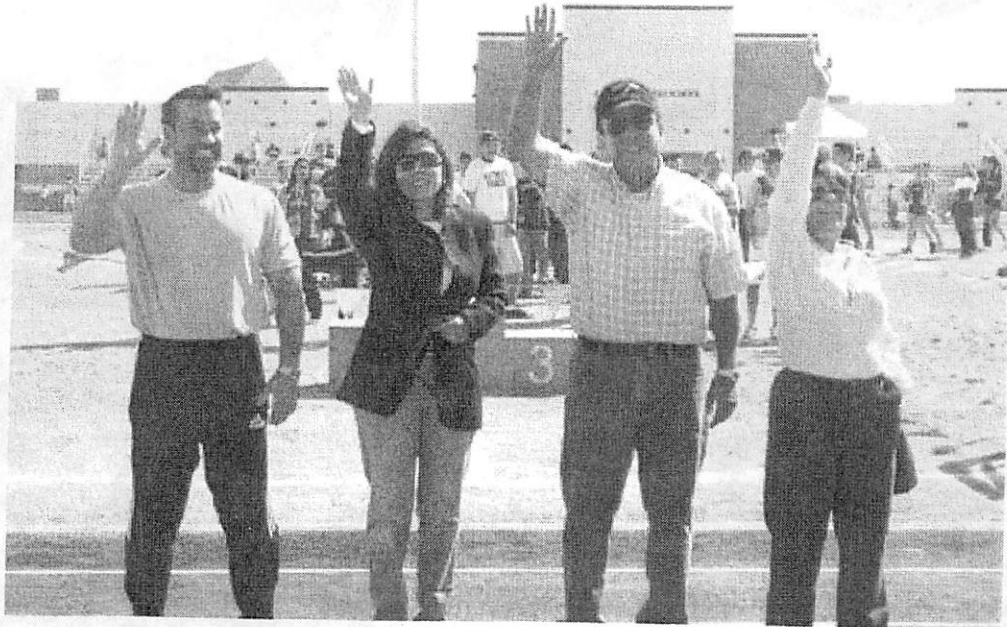
Yearbook



2009



Fred Loya Insurance

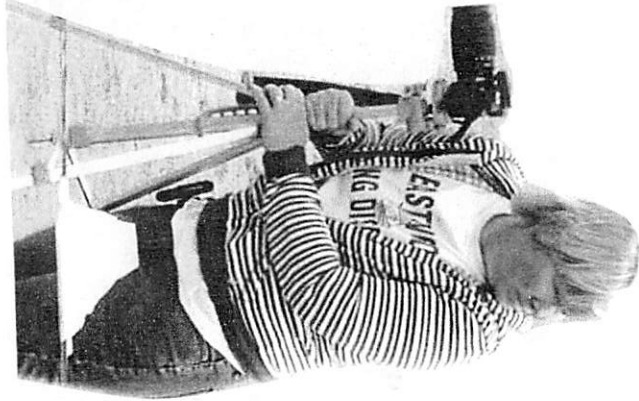


**THANK YOU!!!!!! Fred Loya Insurance
and the entire Fred Loya Family!!!!!!**



Mrs. Becker Coach Ayala Kent Peterson Laura Widner Mr. Moran Dr. Sanberg

Dr. Spicer



Thank You!!



EASTWOOD

The EHS CC Parents

Barry Thomas Dr. Wisenheimer Gray & John Myllys The Laras The Attardos

The Payne's The Dares The Dares The Dares The Dares

► 5. Several local cross country teams and individuals did well at the Lubbock Invitational.

No. 1 Clint won the Class 3A girls race and No. 10 Tornillo placed second in the boys race. In the 4A boys race, No. 2 Jefferson won while No. 3 Austin came in second and No. 9 Burges got fourth. The Eastwood boys and girls got third and second, respectively, in 5A.



By Aaron Bracamontes

El Paso Times

EL PASO — The El Paso high school cross country scene was well-represented in all three divisions Saturday at Mae Simmons Park in Lubbock.

In 5A, Eastwood had the best showing in both the boys' and girls' sides. The Trooper girls, ranked No. 2, came in second place with 81 points. The team's first four girls fin-

ished together, placing 13-16.

On the boys side, Amarillo Tascosa won the event but Eastwood placed third with 124 points. The No. 4 Troopers beat No. 1 Montwood, which finished fourth with 142 points. Individually,

Thank

You Charles Holt, Mrs

Crawford, coach Paul Pearson, Andrea Sanchez, Othman

Herminio, 116, EMS, L... H... H... H...

Herminio, 116, EMS, L... H... H... H...

Herminio, 116, EMS, L... H... H... H...

Herminio, 116, EMS, L... H... H... H...



For Information about Eastwood Cross Country as well Track & Field visit our website
ehstrack.bravehost.com Coach McLain mmpr@hotmail.com

2009 Girls Cross Country MVP's

The Montwood boys and Eastwood girls came the closest to qualifying. Each finished fifth in their races. The Rams' Angel De La Cruz and the Troopers' Melanie Stires, both came within a second of qualifying. De La Cruz finished 13th, and Stires finished 12th overall.



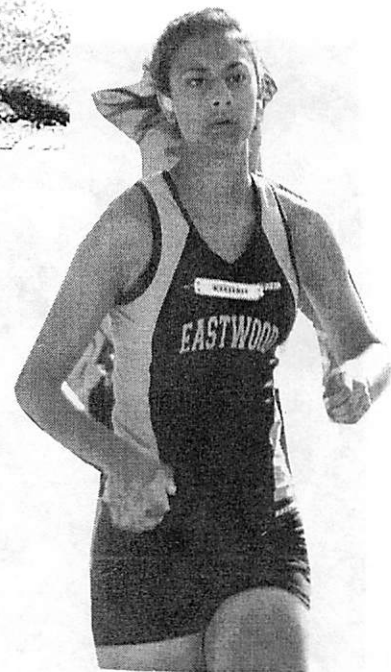
Melanie Stires

(#4 All Time Shoe)

(#7 All Time Season Averages)

(#5 All Time District Course)

(#4 All Time Regional Course)



Elyssa Garcia

(#5 All Time Shoe)

(#6 All Time Season Averages)

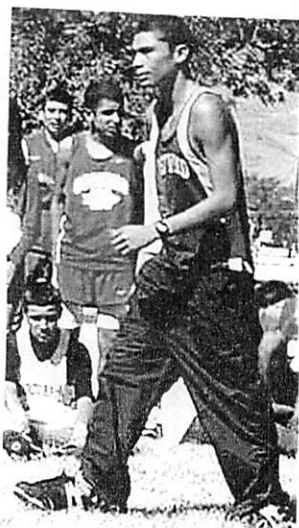
(#7 All Time District Course)

(#10 All Time Regional Course)

► 6. Five cross country teams repeated as district champions on Saturday. The Clint boys and girls swept in District 4-3A, the Del Valle boys won in 2-4A, Chapin's girls grabbed the 1-4A title and the Eastwood girls rolled in 1-5A. Meanwhile, the city's No. 1 ranked Jefferson boys took the 1-4A title, while the Horizon girls and Montwood boys reeled in their districts.

Individually, Horizon's Adrian Anaya won the 2-4A boys race for the second year, while Americas' Jadon Rankins (1-5A boys), Eastwood's Melanie Stires (1-5A girls), Austin's Isaac Spencer (1-4A boys), Chapin's Veronica Sandoval (1-4A girls), Horizon's Sonia Vasquez (2-4A girls) and Clint's Isaac Mancha and Cashlee Rayas (4-3A) all won their district races.

2009 Boys Cross Country MVP



Juan Blanco

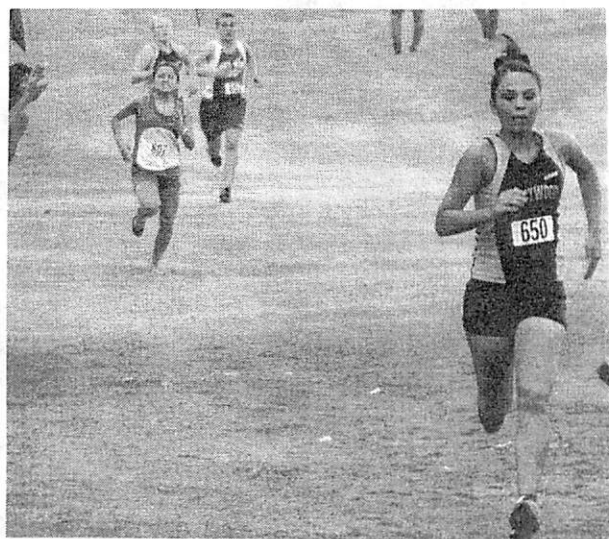
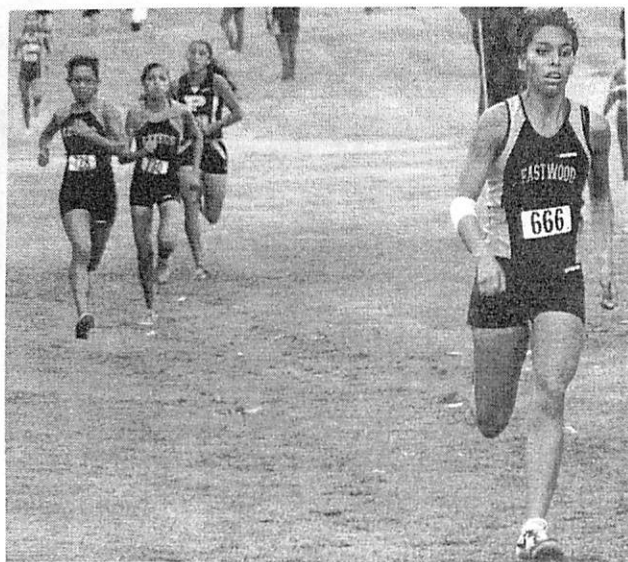
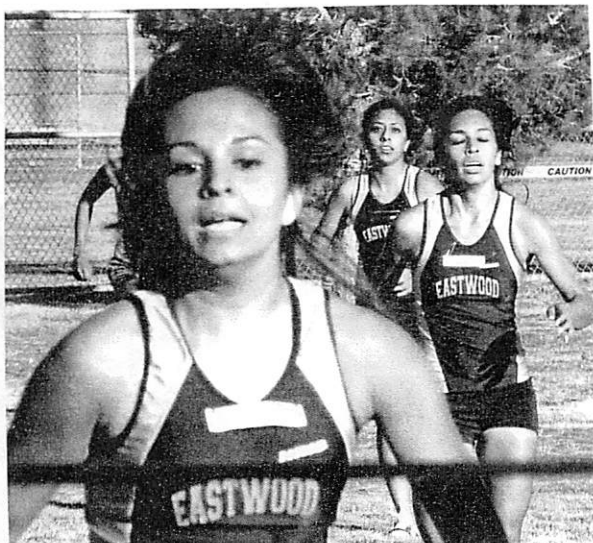
(#4 All Time Shoe)

(#6 All Time Season Average)

(#10 All Time District Course)

► 10. The Jefferson boys and Eastwood girls cross country teams won the Clint ISD Invitational at Emerald Spring Golf Course, while Eastwood's Juan Blanco and Horizon's Sonia Vasquez won individually. At the Del

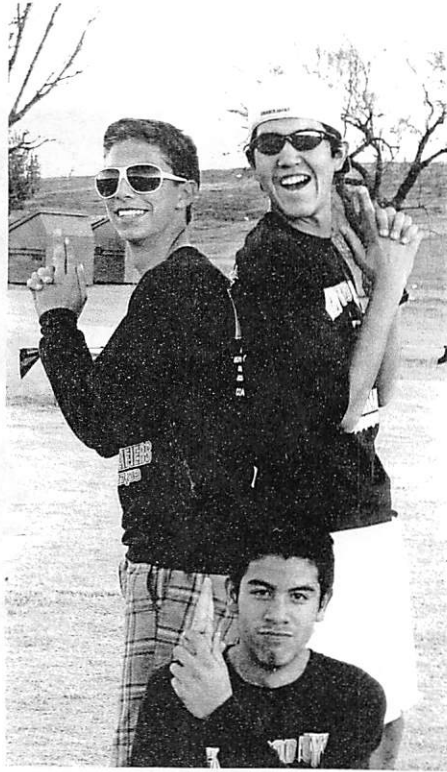
2009 Girls Cross Country Captains



Jenny Davila Isabel Regalado Brandee Baca

(#9 All Time Shoe)

2009 Boys Cross Country Captains



Clinton Blacksmith

(#8 All Time Shoe)



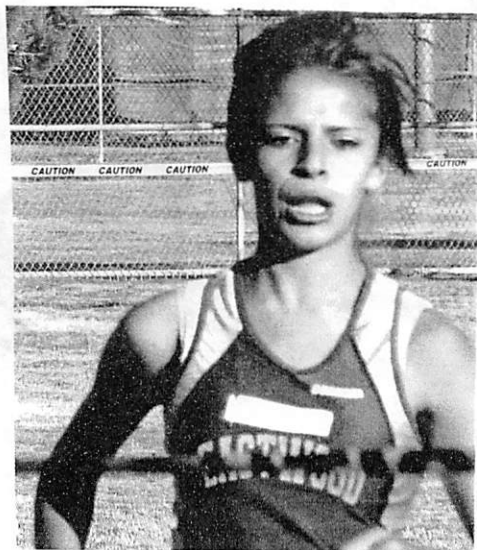
Luis Salazar



Josh Alvarado

For Information about Eastwood Cross Country as well Track & Field visit our website
ehstrack.bravehost.com Coach McLain mmpre@hotmail.com

2009 NEWCOMER OF THE YEAR



Christina Delgado

(#9 All Time District Course)

(#10 All Time Shoe)



The Stevens: Rios & Wallace



Athlete Awards

VARSITY GIRLS DISTRICT CHAMPIONS

VARSITY BOYS REGIONAL QUALIFIERS

9th BOYS DISTRICT CHAMPIONS

OPEN BOYS DISTRICT RUNNER UPS

OPEN GIRLS DISTRICT RUNNER UPS

MELANIE STIRES VARSITY DISTRICT CHAMPION

STEVEN WALLACE 9th DISTRICT CHAMPION

MELANIE STIRES ALL DISTRICT, ALL CITY, ALL REGION 2nd TEAM ALL AMERICAN 2nd TEAM

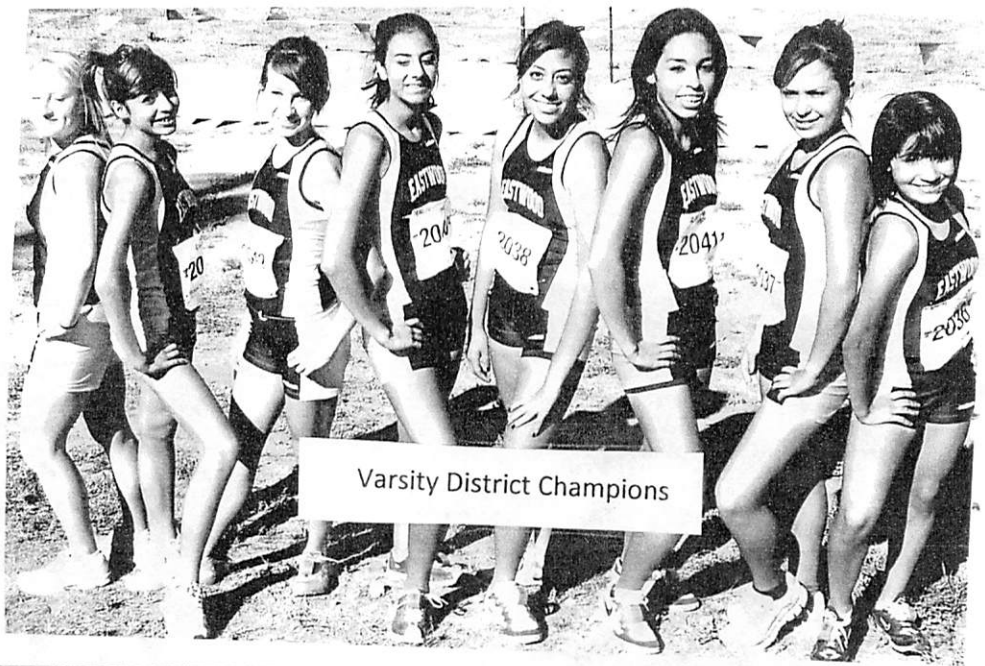
ELYSSA GARCIA ALL DISTRICT, ALL CITY

BRANDEE BACA ALL DISTRICT, ALL CITY HONORABLE MENTION

CHRISTINA DELGADO ALL DISTRICT, ALL CITY HONORABLE MENTION

JUAN BLANCO ALL DISTRICT, ALL CITY HONORABLE MENTION

AMY APODACA ALL CITY HONORABLE MENTION



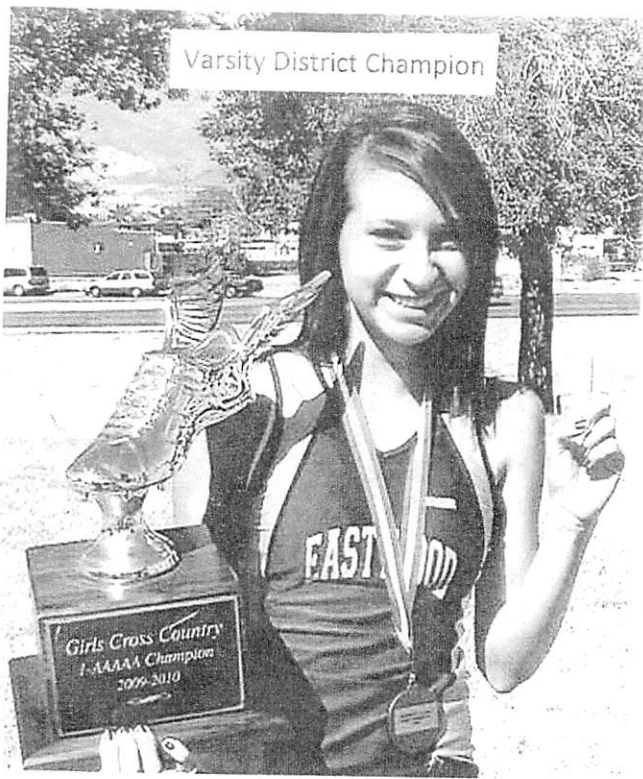
Varsity District Champions



Regional Qualifiers



Freshman District Champions



Freshman District Champion



Open Boys District Runner Ups

Parkland Invitational Sept 5th 2009

Meet	Parkland		Eastwood Cross Country		
Varsity Girls	Time	Place	Varsity Boys	Time	Place
Amy Apodaca	14:53.93	2	Juan Blanco	18:02.56	2
Brandee Baca	14:58.57	3	Gerald Perez	18:44.35	10
Elyssa Garcia	15:09.90	8	Josh Alvarado	18:57.48	16
Isabel Regalado	15:12.09	9	Edgar Delgado	19:10.75	19
Whitney Stewart	15:30.45	13	Clinton Blacksmith	19:24.38	22
Jenny Davila	16:04.01	20	Luis Salazar	19:52.64	30
Olivia Lara	16:32.33	30			
1-5 Time Gap	37 sec		1-5 Time Gap	82 sec	
Team Points	35pts	1st	Team Points	69 pts	2nd

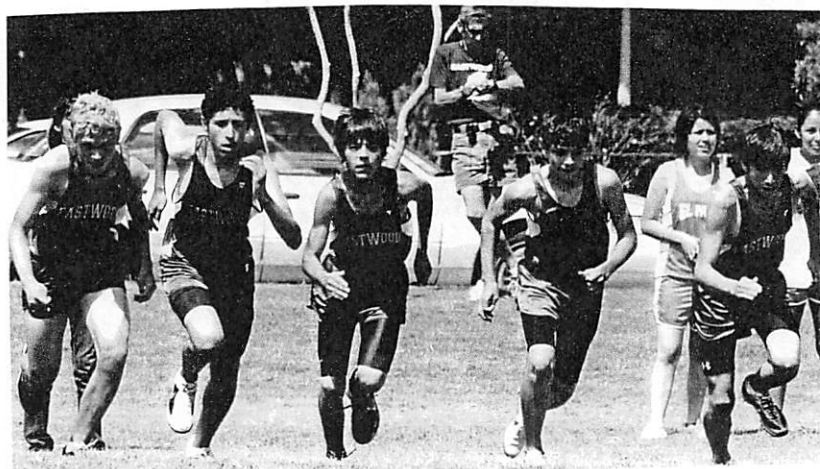
Open Girls	Time	Place	Open Boys	Time	Place
Ana Perez	17:19.85	5	Jose Contreras	19:44.66	4
Cassandra McGlone	18:12.45	13	Ivan Hernandez	20:19.65	7
Gabby Garcia	19:56.77	33	John Delgado	20:28.69	8
			Rene Chevellier	21:07.68	14
			Mike Costello	21:20.39	18
			Greg Whitworth	21:50.57	24
			Kevin Schnittker	22:08.52	26
			Jordan Czarnecki	22:44.50	35
			Robert Williamson	23:28	45
			Josh Calderon	23:54.61	51
			Francisco Ochoa	25:33.07	66
			1-5 Time Gap	96 sec	
			Team Points	79 pts	2nd

► 10. The Eastwood girls and the Jefferson boys both placed first at the Parkland-Riverside Invitational cross country meet at Veterans Park on Saturday.

Freshmen Girls	Time	Place	Freshmen Boys	Time	Place
Christina Delgado	16:07.71	1	Steven Rios	13:21.28	2
Jackie Cuellar	16:23.40	2	Stephen Wallace	13:35.94	3
Kim Markison	19:57.82	15	Troy Payne	14:30.74	7
			Ryan Saenz	14:38.74	8
			Alex Blanco	15:25.16	12
			Victor Maestas	17:00.44	23
			1-5 Time Gap	2:04	
			Team Points	24 pts	1st

At Veterans Park, the No. 3 Jefferson boys and No. 1 Eastwood girls won the team titles, while Jefferson junior Joel Flores and Clint junior Sarah Rayas took home the gold medals.

Jefferson finished ahead of second-place Eastwood by scoring 24 points and placing five runners in the top 11, while Eastwood scored 35 points, 17 lower than second place Clint.



Aaron Bracamontes may be reached at abracamontes@elpasotimes.com; 546-6381.

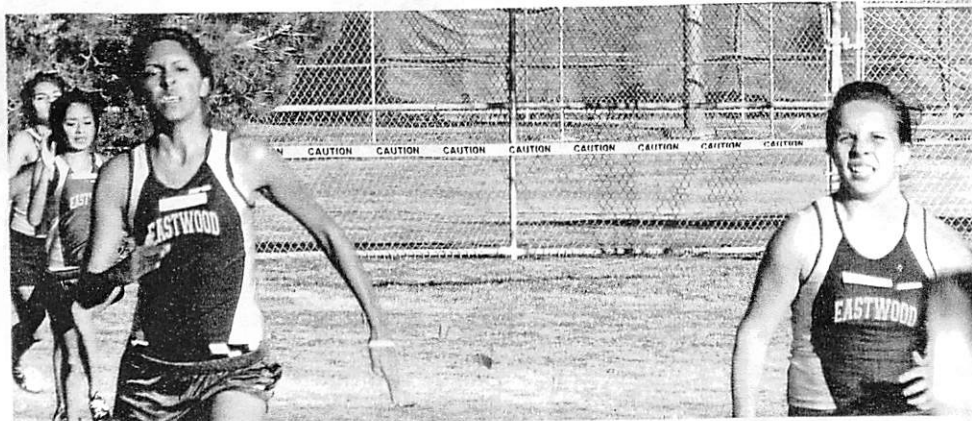
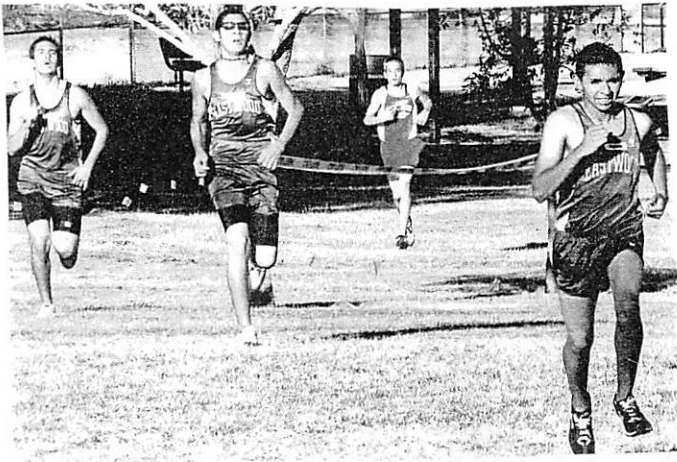
Clint ISD Invitational Friday Sept 11 2009

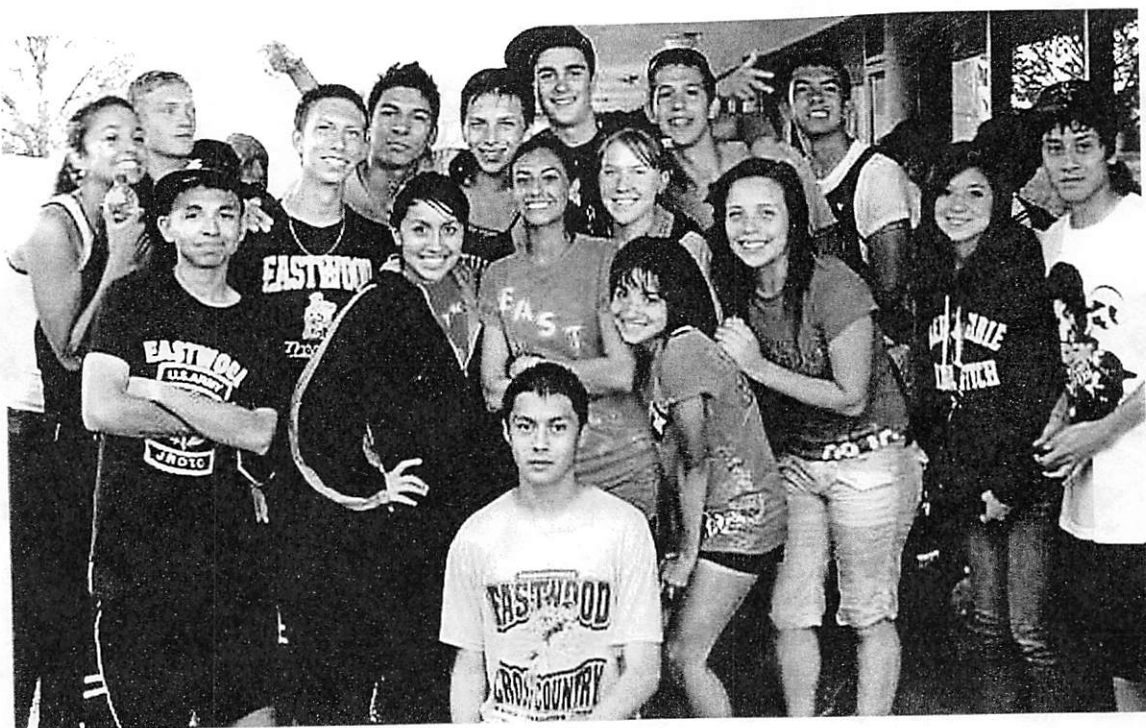
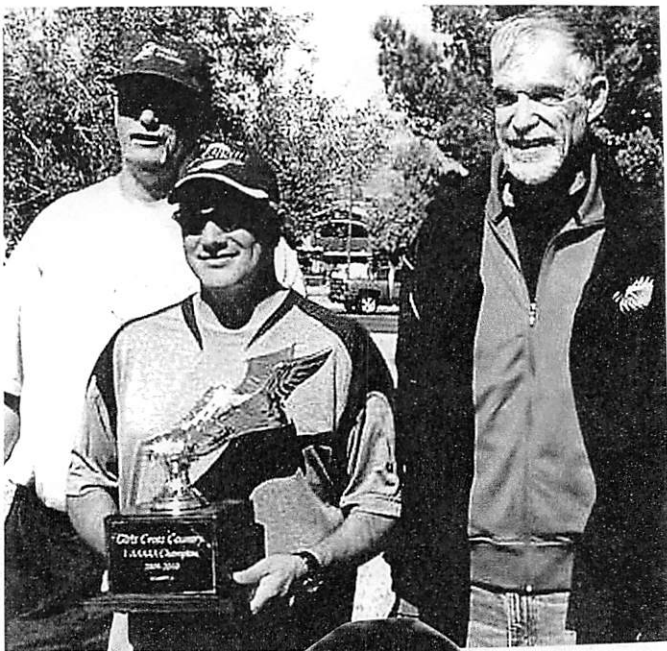
Meet	Clint ISD		Eastwood Cross Country	
Varsity Girls	Time	5k	Varsity Boys	Time
Elyssa Garcia	19:43.79	Place	Juan Blanco	16:05.28
Amy Apodaca	19:45.53		Clinton Blacksmith	17:00.97
Isabel Regalado	19:57.41		Gerald Perez	17:02.25
Christina Delgado	20:29.37		Josh Alvarado	17:37.42
Brandee Baca	20:50.18		Edgar Delgado	17:40.58
Whitney Stewart	21:06.18		Jose Contreras	17:40.98
Jackie Cuellar	21:23.54		Steven Rios	17:46.39
Jenny Davila	21:40.58		Luis Salazar	17:46.86
Zelete Aranda	22:37.55		Steven Wallace	18:03.14
Olivia Lara	23:05		Ivan Hernandez	18:08.96
Dara Mylius	23:23.68		Sergio Chevalier	18:17.66
Crystal Reyes	23:39.93		John Delgado	18:48.19
Ana Perez	24:26.20		Troy Payne	18:57.19
Kim Markuson	25:12.16		Sebastian Roman	19:00.05
Arlene Ugarte	26:09.72		Kevin Schnittker	19:09.00
Gaby Garcia	27:17		Francisco Ochoa	19:12
1-5 Time Gap	67 sec		Ryan Saenz	19:25
Team Points	54 pts	1st	Greg Whitworth	19:39
			Josh Calderon	20:38.10
			Alex Blanco	21:40
			Elias Leija Garza	21:54
				22:09.90
			andre perkins	22:15
			Victor Maestas	22:37
			Alex Villia	25:27
			1-5 Time Gap	95 sec
			Team Points	145pts

5k
Place

1
24
26
45
49
50
53
54
68
71
82
108
118
122
126
130
143
149
176
208
214
220
223
229
256

7th





Cross Country

Eastwood, Jefferson each win meet titles

By Aaron Bracamontes

El Paso Times

EL PASO — With more than 200 runners in each race, the top-ranked Jefferson boys and Eastwood girls cross country teams stood tall at the inaugural Clint ISD Invitational at Emerald Springs Golf Course in a rare Friday evening meet.

Hours after a storm drenched the course with rain, Jefferson was able to take its second win of the season by placing three runners in the Top 10. Led by Joel Flores (fourth), Eli Hernandez (seventh) and Alex Acuña (eighth), the city's No. 1-ranked Silver Foxes were first with 69 points.

No. 2 Montwood was second with 106 points, followed by No. 4 Horizon with 110. There were 15 teams in the race.

Individually, the race belonged to Eastwood's Juan Blanco, who overcame 264 other runners and completed the 5K course in 16 minutes, 5.28 seconds. He held off Horizon's Adrian Anaya, who was second in 16:06.97 and Montwood's Angel De La Cruz (16:15.96), who was third.

The girls race, which also was a 5K race, went to Horizon's duo of Sonia Vasquez (19:24.78) and Vanessa Moreno (19:33.59), who were first and second.

While their finish helped lead the No. 2 Scorpions to 67 points, it was not enough, as No. 1 Eastwood won with 54 points. The Troopers were led by Elyssa Garcia, who placed third with a time of 19:43.79.

Clint was third out of 14 teams with 87 points.



Coronado Invitational Sept 19th

Meet	Coronado		Eastwood Cross Country		
Varsity Girls	Time	Place	Varsity Boys	Time	Place
Elyssa Garcia	14:17.14		7 Juan Blanco	17:16.08	9
Isabel Regalado	14:22.97		11 Clinton Blacksmith	18:11.65	34
Aimee Apodaca	14:23.62		12 Geraldo Perez	18:12.60	35
Brandee Baca	14:32.19		15 Josh Alvarado	18:29.44	46
Whitney Stewart	15:17.22		37 Luis Salazar	18:33.42	48
Olivia Lara	15:29.28		42 Jose Contreras	19:06.44	65
1-5 Time Gap	60 sec		1-5 Time Gap	76 sec	
Team Points	80 pts	3rd	Team Points	171pts	6th
Open Girls	Time	Place	Open Boys	Time	Place
Melanie Stires	15:03.30		1 Ivan Hernandez	18:40.65	4
Christina Delgado	15:03.68		2 Sebastian Roman	19:29.40	19
Jackie Cuellar	15:14.05		3 Sergio Chevalier	19:42.07	23
Zelete Aranda	16:10.91		9 John Delgado	19:48.01	27
Dara Mylius	16:11.75		10 Kevin Schnittker	20:08.54	38
Crystal Reyes	16:28.11		15 Mike Costello	20:12.40	41
Ana Perez	16:55.21		23 Greg Whitworth	20:22.97	46
Pricilla Pineira	17:32.50		41 Elias Leija Garza	21:41.30	75
Deandra Beltran	17:35.04		43 Jordan Czarnecki	21:51.09	82
Alixis Ornelas	18:29.63		65 Alex Adame	22:18.25	90
1-5 Time Gap	68 sec		Fransico Ochoa	23:54.40	111
Team Points	23 pts	1st	1-5 Time Gap	88sec	
			Team Points	107	4th
			Freshmen Boys	Time	Place
			Steven Rios	12:39.94	1
			Steven Wallace	12:58.71	3
			Troy Payne	13:41.26	9
			Ryan Saenz	13:43.35	10
			Alex Blanco	14:27.76	28
			Victor Maestas	16:09.48	59
			Richard Mora	17:09.31	64
			1-5 Time Gap	1:48	
			Team Points	34	1st



Course was longer than last year and a flight of stairs was added

Lubbock Invitational Sept 26th

Meet Lubbock

Varsity Girls	Time	Place
Elyssa Garcia	12:50	
Amy Apodaca	12:50	
Isabel Regalado	12:50	
Brandee Baca	12:51	
Melanie Stires	13:00	
Christina Delgado	13:05	
Whitney Stewart	13:33	
1-5 Time Gap	10 sec	
Team Points	81	2nd

Open Girls	Time	Place
Jenny Davila	13:35	
Jackie Cuellar	13:37	
Olivia Lara	13:58	
Dara Mylius	14:08	
Zelete Aranda	14:09	

Push Up Winners

Girls

Elyssa Garcia	80
Amy Apodaca	80

Varsity Boys	Time	Place
13 Juan Blanco	16:43	10
14 Gerald Perez	17:16	20
15 Edgar Delgado	17:25	26
16 Luis Salazar	17:37	33
23 Josh Alvarado	17:43	39
26 Clinton Blacksmith	17:45	41
45 Jose Contreras	18:05	58
1-5 Time Gap	60 sec	
Team Points	124 pts	3rd

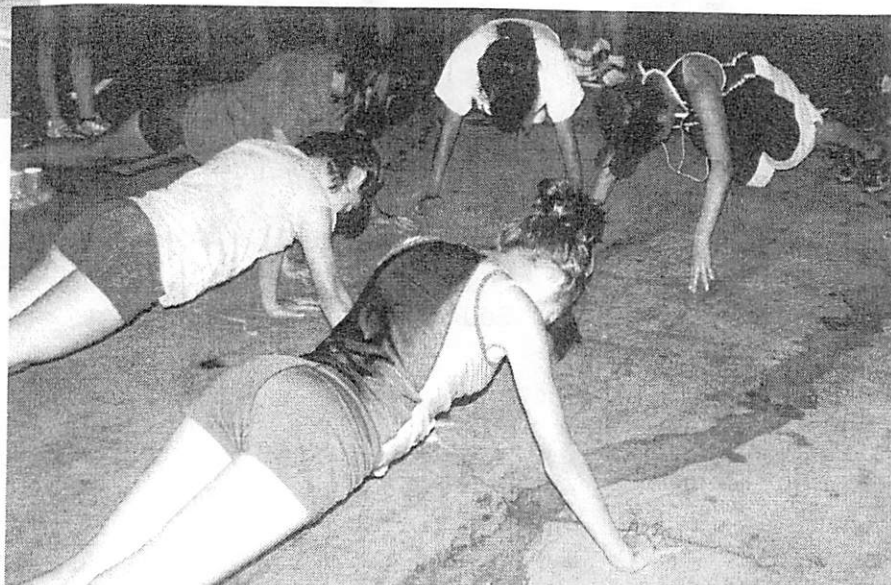
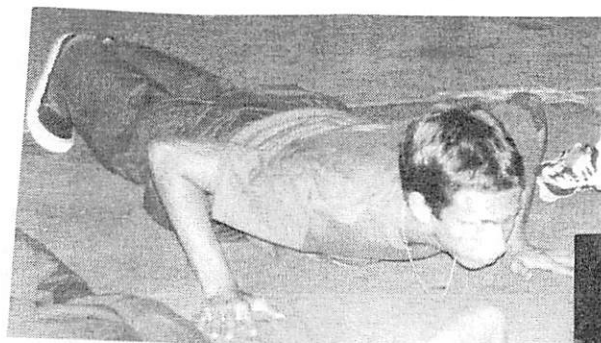
Open Boys	Time	Place
9 Steven Rios	17:37	2
12 Ivan Hernandez	17:52	3
23 Steven Wallace	18:25	10
25 Jordan Czarniki	20:52	78
26 Calub Buntyn	21:14	80

Push Up Winners

Boys

Ivan Hernandez	80
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EP teams run well in Lubbock



Mayfield Invitational Oct. 3rd

Meet

very, very rainy

Mayfield

very, very muddy

Varsity Girls

Time	Place
Elyssa Garcia 19:27	3
Amy Apodaca 19:30	4
Melanie Stires 19:47	7
Christina Delgado 19:48	8
Brandee Baca 19:58	13
isabel Regalado 20:12	15
Whitney Stewart 21:14	31

1-5 Time Gap

31 sec

Team Points

35pts 1st

Varsity Boys

Juan Blanco 16:27	3
Gerald Perez 17:12	21
Clinton Blacksmith 17:29	27
Josh Alvarado 17:41	34
Ivan Hernandez 17:52	44
Luis Salazar 18:00	49

1-5 Time Gap

85 sec

Team Points

Eastwood Cross Country

Time Place

16:27	3
17:12	21
17:29	27
17:41	34
17:52	44
18:00	49

85 sec

129pts

3rd

Open Girls

Time	Place
Jenny Davila 23:25	2
Jackie Cuellar 23:49	4
Dara Mylius 23:55	6
Olivia Lara 24:01	7
Zelete Aranda 24:15	8
Ana Perez 24:37	9
Priscilla Penderia 24:37	10
Gaby Garcia 29:56	51

1-5 Time Gap

50 sec

Team Points

27pts 1st

Open Boys

Steven Rios 18:36	5
Edgar Delgado 18:45	7
Steven Wallace 18:54	10
Jose Contreras 18:55	12
Sergio Chavilier 20:14	14
Troy Payne 20:24	15
Sebastian Roman 20:26	18
Elias Garza 20:54	26
Kevin Schnittker 20:55	27
Ryan Saenz 20:59	28
John Delgado 21:07	34
Alex Blanco 21:11	35
Greg Whitworth 21:14	36
Jordan Czarniki 22:53	44
Alex Adame 23:19	56
Victor Maestas	61
Francisco Ochoa	87

1-5 Time Gap

98sec

Team Points

Time Place

18:36	5
18:45	7
18:54	10
18:55	12
20:14	14
20:24	15
20:26	18
20:54	26
20:55	27
20:59	28
21:07	34
21:11	35
21:14	36
22:53	44
23:19	56
	61
	87

98sec

48pts

2nd



Bel Air Invitational Oct. 10

Meet

REL Washington

girls 3246m

boys 4624m

Eastwood Cross Country

Varsity Girls

Time	Place
Elyssa Garcia 12:55.1	5
Christina Delgado 13:04.8	7
Amy Apodaca 13:19.4	12
Isabel Regalado 13:20.4	13
Brandee Baca 13:20.6	14
Whitney Stewart 13:54.5	22
Olivia Lara 14:28.4	40
Dara Mylius 14:31.2	43
Zelete Aranda 14:36.5	46
Jackie Cuellar 14:51.0	49
Pricilla Pineira 15:06.7	58
Ana Perez 15:16.7	65
Alixis Ornelas 16:27.8	96

1-5 Time Gap

25sec

Team Points

51pts

Varsity Boys

Time	Place
Juan Blanco 16:12.27	3
Steven Rios 16:50.51	17
Jose Contreras 17:12.31	22
Luis Salazar 17:14.11	24
Steven Wallace 17:25.37	27
Ivan Hernandez 17:42.58	36
Sergio Chevalier 18:01.00	45
Edgar Delgado 18:06.26	47
Elias Leija-Garza 18:07.92	49
John Delgado 18:31.54	59
Sebastian Roman 18:32.27	61
Mike Costello 18:42.01	67
Greg Whitworth 18:48.75	71

Kevin Schnittker

19:39.34

87

Jordan Czarnecki

19:55.66

94

Francisco Ochoa

21:19.53

111

1-5 Time Gap

73sec

Team Points

93pts

3rd

9th Boys

Time	Place
Troy Payne 12:04.78	3
Ryan Saenz 12:36.73	6
Alex Blanco 12:56.76	8
Caleb Buntyn 13:19.81	13



Chamizal Invitational

Meet	Chamizal		Eastwood Cross Country		
Varsity Girls	Time	Place	Varsity Boys	Time	Place
Elyssa Garcia	13:10.53		9 Juan Blanco	16:33.80	14
Melanie Stires	13:15.16		10 Ivan Hernandez	17:20.47	46
Christina Delgado	13:32.05		18 Clinton Blacksmith	17:23.81	50
Amy Apodaca	13:37.97		23 Jose Contreras	17:28.10	53
Brandee Baca	13:47.08		27 Geraldo Perez	17:28.36	54
Isabel Regalado	13:49.59		30 Luis Salazar	17:39.70	62
Whitney Stewart	14:22.18		59 Edgar Delgado	18:39.76	110
1-5 Time Gap	37sec		1-5 Time Gap	55 sec	
Team Points	87pts	2nd	Team Points	204pts	5th

Open Girls	Time	Place	Open Boys	Time	Place
Jenny Davila	14:39		Elias Leija-Garza	12:39	
Jackie Cuellar	14:49		Troy Payne	12:46	
Dara Mylius	15:01		Chevy Chavilier	13:08	
Olivia Lara	15:50		Ryan Saenz	13:13	
Gaby Garcia	18:35		Jordan Czarniki	13:16	
			Greg Whitworth	13:26	
			Richard Mora	14:10	
			Calub Buntyn	14:16	
			Josh Calderon	14:47	



8th Running of The Shoe

Meet Yucca Park Eastwood Cross Country

Varsity Girls	Time	Place	Varsity Boys	Time	Place
Melanie Stires	5:46.40		1 Juan Blanco	10:22	1
Elyssa Garcia	5:48.51		2 Clinton Blacksmith	10:45.09	3
Amy Apodaca	6:01.36		3 Josh Alvarado	10:59.46	4
Brandee Baca	6:02.95		4 Ivan Hernandez	11:08.66	5
Christina Delgado	6:03.16		5 Geraldo Perez	11:10.45	6
Isabel Regalado	6:07.76		6 Luis Salazar	11:11.21	7
Jenny Davila	6:12.02		7 Steven Rios	11:11.78	8
1-5 Time Gap	17sec		1-5 Time Gap	52sec	
Team Points	15pts	1st	Team Points	19pts	2nd

Open Girls	Time	Place	Open Boys	Time	Place
Jackie Cuellar	6:12.87		1 Elias Leija-Garza	11:12.41	1
Dara Mylius	6:22.14		2 Edgar Delgado	11:16.99	2
Olivia Lara	6:29.86		3 Steven Wallace	11:22.81	3
Ana Perez	6:36.74		4 Troy Payne	11:27.51	4
Pricilla Pineira	6:36.93		5 John Delgado	11:41.47	7
Zelete Aranda	6:42.79		6 Sebastian Roman	11:41.48	8
Crystal Reyes	6:44.57		7 Mike Costello	11:51.50	9
Gaby Garcia	7:24.83		18 Chevy Chevalier	12:11	11
			Ryan Saenz	12:13	12
			Alex Blanco	12:17	13
Alumni		Record	Kevin Schnittker	12:18	14
Connor Buntyn	4:59.75		Jordan Czarniki	12:42	17
Jose Contreras	5:20.92		Richard Mora	12:43	18
Gerber(Adrian)	5:22.69		Calub Buntyn	13:21	19
Mike Romero	5:33.81		Alex Adame	13:22	20
Auggie Lopez	5:34.78		Josh Claderon	13:25	21
Steven Hernandez	5:39.04		Francisco Ochoa	13:50	22
Liz Cevera	6:14.33		Luis Trujano	14:35	23
Eric Walsh	6:14.73				
Mike Lara	6:23.79				
John Mylius	6:37.13				
Calub Muller	6:38.76				
Matt Quiroz	6:54.21				
Kayla Aguirre	6:57.57				
Coach Ayala	6:59.52				
Josh Frazier	7:20.92				
Kaitlin Atkinson	7:22.10				
Ilse Martinez	7:25.25				
Dolores Garcia	8:24.98				



Runners: a different breed of athlete

There is no satisfying a cross country runner.

Either the number of miles or the amount of pain; none of it is enough for them. That is why they do what they do — run.

Cross country runners are a different breed of athlete altogether.

For starters, it takes a great deal of time and effort to run more miles in one hour than some drive in a day. If a three-mile race sounds tough, then you don't want to even begin to hear what these kids do in a "light" practice.

When you're outside watering your lawn or even going for a nice, easy jog, they are those teens who fly past you at full speed. You may think to that they are either just running down the street or that they might get tired and slow down soon.

Either way, you are wrong. They plan on keeping that pace for a long time.

Most of all, when they finish a workout, somewhere deep down in the back of their minds, they still feel like doing more. In fact, they know they could do more and want to.

It's not easy, but then no sport ever really is. Pain is a part of any sport, but for the runner it is unavoidable and they welcome it.

It's not about how much pain they can take and keep going, it's more about how much they want to take it.

That is why sometimes they have to be told, if not forced to understand, by

parents, trainers and coaches that even though they are used to pushing their limits, they cannot run with a concussion, the flu or a fractured leg.

It's definitely not the most popular sport, so you're not going to see a clip of a team placing all five runners in the Top 10 on "Sportscenter."

Also, a two- or three-mile course through desert, hills, parks or a school parking lot is not the easiest to keep up with, even if you try to follow in a car or dirt bike.

State champions in cross country don't garner as much attention around campus as the football team does, but once again, that doesn't matter. To them, an early Saturday morning race in the freezing rain or in the sizzling sun is as marquee an event as a Friday night football game under stadium lights.

Several of their fellow students may only know them as, "Hey, you're that kid who is always running when I'm leaving school."

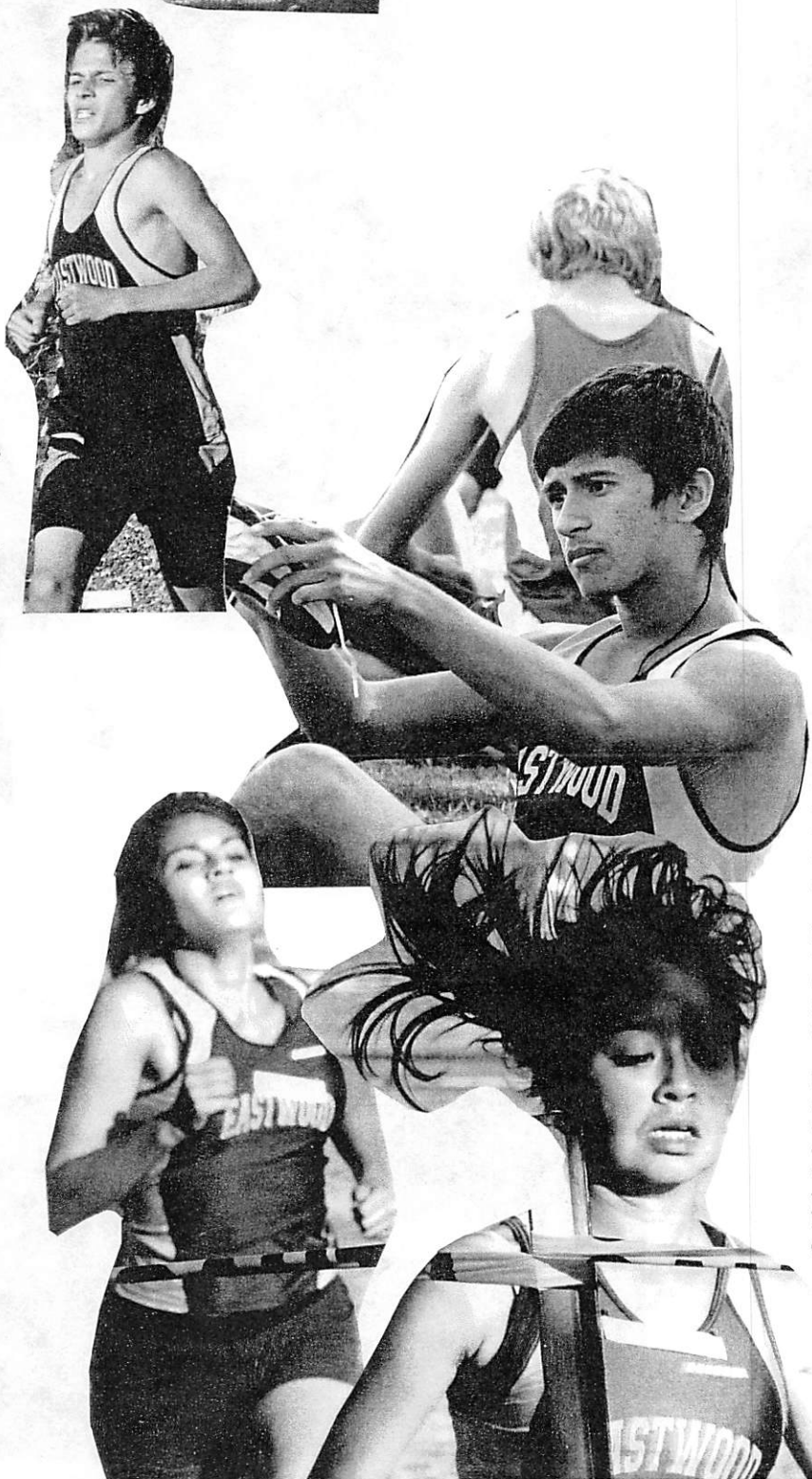
Most importantly for these athletes, cross country isn't just a sport, it's the sport for them.

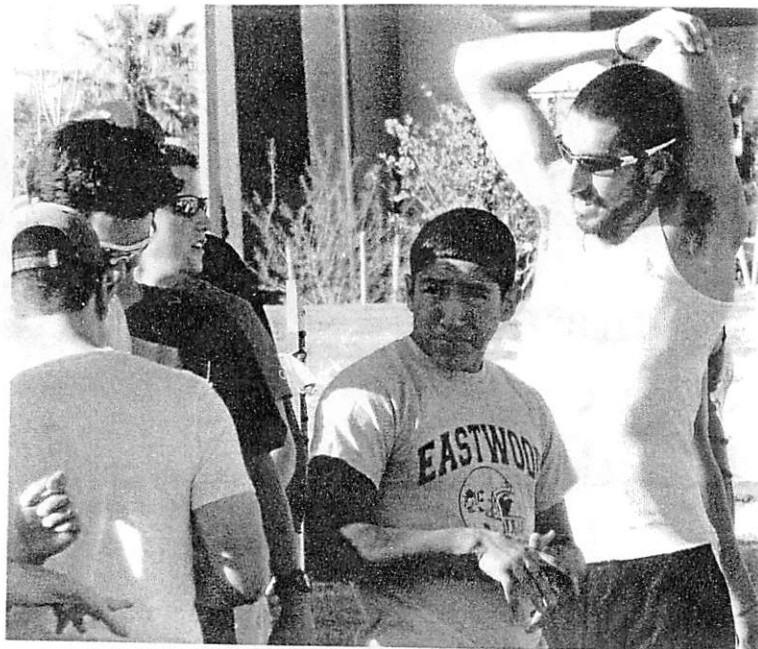
It has the ability to take natural runners and give them a challenge, while at the same time giving others with more determination than talent a chance to finally prove themselves.

They don't need a crowd, band or cheerleaders. Motivation can come in the form of loved ones, friendship, a favorite song or phrase while they navigate a course.

At the end of the day, or at the end of a career, the cross country runner still is not done. Inside of them there is one more great mile just waiting to get out. No matter what they do, it will always be there, because it never is enough.

Aaron Bracamontes may be reached at abracamontes@elpasotimes.com; 546-6381.





District

Meet

Chamizal

Eastwood Cross Country

Varsity Girls

Time	Place
Melanie Stires 12:58.67	
Elyssa Garcia 13:08.08	
Christina Delgado 13:23.60	
Brandee Baca 13:41.12	
Isabel Regalado 13:50.94	
Amy Apodaca 14:11.16	
Whitney Stewart 14:36.07	

1-5 Time Gap 52sec

Team Points 37pts 1st

Varsity Boys

Time	Place
1 Juan Blanco 16:36.37	
3 Clinton Blacksmith 16:54.94	
8 Gerald Perez 17:13.36	
10 Josh Alvarado 17:25.98	
15 Luis Salazar 17:28.12	
29 Elias Garza 18:20.81	
41 Ivan Hernandez 18:26.39	

1-5 Time Gap 52sec

Team Points 79pts 3rd

Open and 9th at SAC

Open Girls

Time	Place
Jenny Davila 14:04.91	
Olivia Lara 14:19.76	
Dara Mylius 14:24.66	
Jackie Cuellar 14:39.46	
Zelete Aranda 14:45.96	
Ana Perez 15:13.51	
Crystal Reyes 15:40.92	

1-5 Time Gap 41sec

Team Points 44pts 2nd

Open Boys

Time	Place
2 Edgar Delgado 17:45.63	
6 Auggie Lopez 18:33.56	
9 John Delgado 18:39.40	
12 Chevy Chevalier 18:42.65	
15 Mike Costello 19:08.16	
16 Sebastian Roman 19:10.97	
27 Kevin Schnittker 19:35.59	
Greg Whitworth 19:46.42	
Jordan Czarnecki 20:12.90	
Alex Adame 20:32.43	
Francisco Ochoa 21:17.47	

1-5 Time Gap 1:23

Team Points 79pts 2nd

9th Boys

Time	Place
Steven Wallace 11:37.16	
Steven Rios 11:38.21	
Troy Payne 12:02.69	
Ryan Saenz 12:38.36	
Alex Blanco 13:07.21	
Richard Mora 13:09.93	
Calub Buntyn 13:28.77	
Victor Maestas 13:46.58	

1-5 Time Gap 30sec

Team Points 27pts 1st

City teams, runners set for annual district day

Times staff report

EL PASO — All of the El Paso cross country teams will compete today in their respective district meets at Chamizal Park.

In District 1-5A, the Montwood boys are favored to take the title, while Eastwood, Coronado and El Dorado all are contenders.

In the 1-5A girls race, Eastwood is the top dog and is being chased by El Dorado.



For Information about Eastwood Cross Country as well Track & Field visit our website
ehstrack.bravehost.com Coach McLain mmpre@hotmail.com

Regionals

Meet

Lubbock Mae Simmons Park

Eastwood Cross Country

Team - El Paso Eastwood

Finish Position - 5

Team Score (places): 188

Team Score (times): 1:03:10.77

Ave Time: 12:38.15

Bib No	Name	Year	O'All Place	Cum Place	Time	Cum Time	Time Back
1	2042 Melanie Stires	11	7	7	12:06.80	12:06.80	00:00.00
2	2040 Elyssa Garcia	12	27	34	12:27.70	24:34.50	00:20.90
3	2039 Christina Delgado	9	40	74	12:38.86	37:13.36	00:32.06
4	2037 Brandee Baca	11	47	121	12:47.84	50:01.20	00:41.04
5	2038 Jenny Davila	12	67	188	13:09.57	1:03:10.77	01:02.77
6	2036 Amy Apodaca	10	71	259	13:10.79	1:16:21.56	01:03.99
7	2041 Isabel Regalado	12	92	351	13:23.97	1:29:45.53	01:17.17

Team - El Paso Eastwood

Finish Position - 17

Team Score (places): 370

Team Score (times): 1:26:39.62

Ave Time: 17:19.92

Bib No	Name	Year	O'All Place	Cum Place	Time	Cum Time	Time Back
1	2209 Juan Blanco	11	44	44	16:48.28	16:48.28	00:00.00
2	2212 Gerald Perez	10	49	93	16:53.02	33:41.30	00:04.74
3	2207 Josh Alvarado	12	75	168	17:18.88	51:00.18	00:30.60
4	2208 Clinton Blacksmith	12	97	265	17:45.76	1:08:45.94	00:57.48
5	2211 Elias Leija-Garza	10	105	370	17:53.68	1:26:39.62	01:05.40
6	2213 Luis Salazar	11	110	480	17:56.41	1:44:36.03	01:08.13
7	2210 Ivan Hernandez	11	113	593	17:58.43	2:02:34.46	01:10.15



Push Up Winners

Isabel Regalado

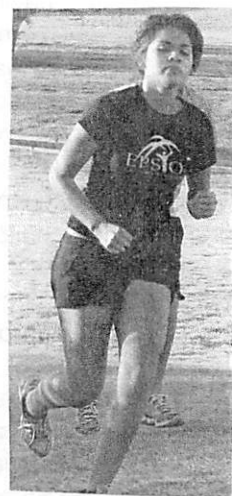
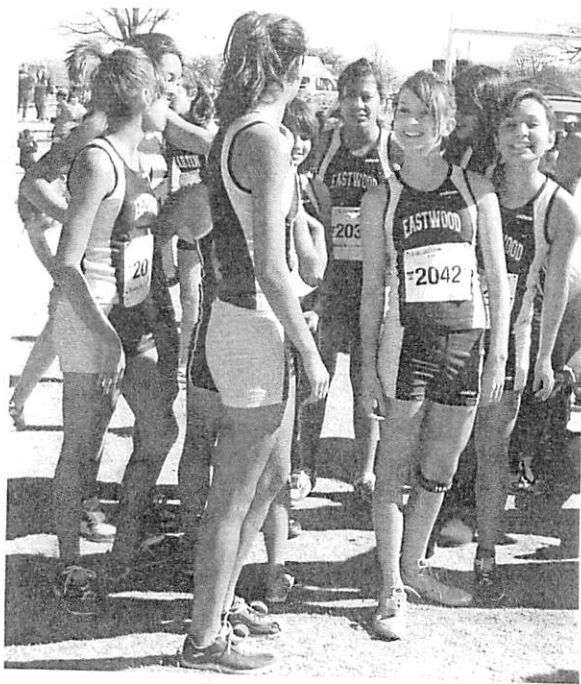
87

Ivan Hernandez

137



Agg e 12:58
 Cum Time 13:28
 Jace e 14:00
 Cum Time 14:33

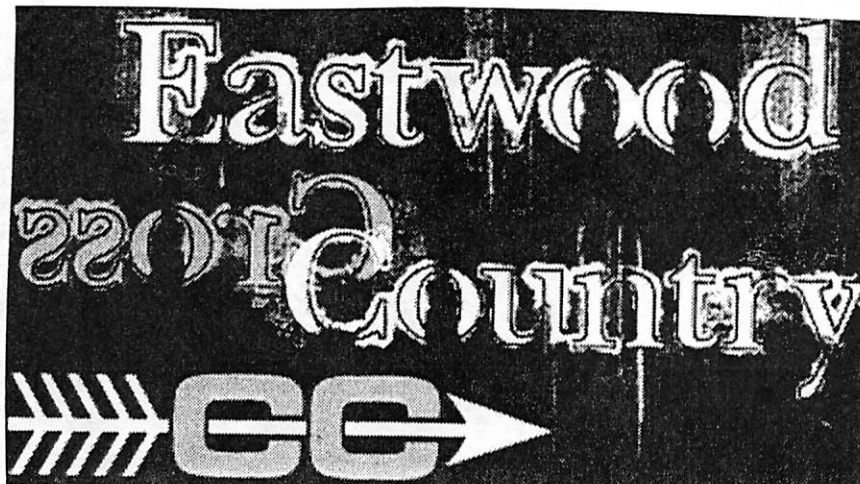


2009 Season Average Through District

Name	Park	Clint	ISD	Cor	Lub	Mayfield	BAHS	Chamizal	Shoe	District	Avg
Varsity Boys											
Juan Blanco	2	1	9	10	3	3	14	1	7		5.56
Gerald Perez	10	26	35	20	21		54	6	19		23.88
Steven Rios		53					17	8			26.00
Clinton Blacksmith	22	24	34	41	27		50	3	12		26.63
Josh Alvarado	16	45	46	39	34			4	21		29.29
Luis Salazar	30	54	48	33	49	25	62	7	23		36.78
Ivan Hernandez		71			44	37	46	5	43		41.00
Steven Wallace		68				28					48.00
Jose Contreras		50	65	58		23	53				49.80
Edgar Delgado	19	49		26		47	110				50.20
Mike Costello						67					67.00
Sergio Chavillier		82				45					82.00
Jordan Czarnecki						94					94.00
Elias Leija-Garza		214				49			42		101.67
John Delgado		108				59					108.00
Francisco Ochoa						111					111.00
Troy Payne		118									118.00
Sebastian Roman		122				61					122.00
Kevin Schnittker		126				87					126.00
Ryan Saenz		143									143.00
Greg Whitworth		149				71					149.00
Josh Calderon		176									176.00
Alex Blanco		208									208.00
Victor Maestas		229									229.00
Varsity Girls											
Elyssa Garcia	8	3	7	13	3	5	9	2	3		5.89
Melanie Stires				23	7		10	1	1		8.40
Amy Apodaca	2	4	12	14	4	12	23	3	29		11.44
Christina Delgado		18		26	8	7	18	5	8		12.86
Isabel Regalado	9	7	11	15	15	13	30	6	15		13.44
Brandee Baca	3	22	15	16	13	14	27	4	10		13.78
Jenny Davila	20	35						7			20.67
Whitney Stewart	13	25	37	45	31	22	59		41		34.13
Jackie Cuellar		30				49					39.50
Olivia Lara	30	77	42			40					47.25
Zelete Aranda		65				46					55.50
Pricilla Pineira						58					58.00
Dara Mylius		85				43					64.00
Crystal Reyes		90									90.00
Alexis Ornales						96					96.00
Ana Perez		104									104.00
Gaby Garcia		158									158.00
Open Boys											
Steven Rios				2	5						3.50
Ivan Hernandez	7		4	3							4.66
Edgar Delgado					7			2	6		5.00
Troy Payne					15		3	4			7.33
Steven Wallace				10	10			3			7.67
Jose Contreras	4				12						8.00
Richard Mora							8	18			13.00

2009 Season Average Through District

Rene Chavillier	14	23	14	4	11	21	14.50
Ryan Saenz			28	5	12		15.00
Auggie Lopez						17	17.00
Sebastian Roman		19	18		8	29	18.50
John Delgado	8	27	34		7	20	19.20
Luis Trujano					23		23.00
Mike Costello	18	41			9	28	24.00
Alex Blanco			35		13		24.00
Elias Leija-Garza		75	26	2	1		26.00
Josh Calderon	51			10	21		27.33
Kevin Schnittker	26	38	27		14	36	28.20
Greg Wentworth	24	46	36	7		41	30.80
Calub Buntyn			80	8	19		35.67
Jordan Czarnecki	35	82	78	6	17	46	44.00
Alex Adame		90	56		20	55	55.25
Victor Maestas			61				61.00
Fransico Ochoa	66	111	87		22	61	69.40
Open Girls							
Melanie Stires		1					1.00
Christina Delgado		2					2.00
Jenny Davila			9	2		2	4.33
Jackie Cuellar		3	12	4	1	12	6.40
Olivia Lara			23	7	3	6	9.75
Dara Mylius		10	25	6	2	9	10.40
Ana Perez	5	21	9		4	16	11.00
Zelete Aranda		9	26	8	6	15	12.80
Crystal Reyes		15			7	27	16.33
Pricilla Pineira		41	10		5		18.67
Gaby Garcia	33		51		18		34.00
Alixis Ornelas		65					65.00
Freshman Boys							
Steven Rios	2	1		3		2	2.00
Steven Wallace	3	3		6		1	3.25
Troy Payne	7	9		8		4	7.00
Ryan Saenz	8	10				8	8.67
Alex Blanco	12	28				12	17.33
Victor Maestas	23	59		13		25	30.00
Richard Mora		64				14	39.00
Calub Buntyn						18	18.00
Freshman Girls							
Christina Delgado	1						1.00
Jackie Cuellar	2						2.00



EASTWOOD CROSS COUNTRY MVP'S

2009 JUAN BLANCO

2008 CONNOR BUNTYN

2007 MAEGEN STIRES/JESSICA PAYNE

2006 MAEGEN STIRES/JESSICA PAYNE

2005 YADIRA SALAZAR/MAEGEN STIRES

2004 YADIRA SALAZAR

2003 YADIRA SALAZAR

2002 YADIRA SALAZAR

2009 MELANIE STIRES/ELYSSA GARCIA

2006 OSCAR SOLIS/TOMMY DANIEL

2005 MIKE PIVARNICK

2004 MIKE PIVARNICK

2003 MIKE PIVARNICK

2002 Jesse abrams

2001 CHRIS TREVIZO

2000 RYAN OMOHUNDRO

1999 FERNIE GARCIA

1998 FERNIE GARCIA

1997 BEN MUNOZ / JOEL PADILLA

1996 MARK GARNER

1995 MARK GARNER

1994 MARK GARNER

1993 MARK GARNER

1992 GABE ORDAZ

1991 ERIC FLORES / TONY SIMONETTI

1990 ERIC FLORES / TONY SIMONETTI

1989 ERIC FLORES

1988 RICK OROPEZA

1987 RICK OROPEZA

1986 HENRY GARCIA / RICK OROPEZA

1985 JOE MESSER

1984 MIKE MONTES

1983 MIKE MONTES

1982 MIKE MONTES

1981 ED OCHOA

1980 ED THOMAS / ED OCHOA

1979 LEO WALLACE

1978 DAVID KNOTT

1977 RICK BEATY / JOHN ELLIS

1976 JEFF GALLEGOS

1975 RICHARD PUENTE

1974 RICHARD PUENTE

1973 JUAN ORNELAS

1972 WAYNE SOZA

1971 DOUG GENTRY

1970 WALTER MCCOY

1969 ROBERT MALPHERS

1968 ROBERT MALPHERS

1967 CHARLES GAUCIN

1966 BILL DEBBERSTEIN

1965 BILL DEBBERSTEIN



MileSplit.us All American Cross Country Team
USA's Top 500 Times

Year	Name	National Rank	Time	Meet	All American
2009	Melanie Stires	#308	12:06.80	Regionals	2 nd Team
2007	Tommy Daniel	#433	16:03.41	Regionals	2nd Team
2007	marco cassani	#394	16:01.06	Regionals	2nd Team
2007	Maegen Stires	#350	12:19.44	Regionals	2nd Team
2007	Jessica Payne	#357	12:20.37	Regionals	2nd Team
2006	Jessica Payne	#270	12:07.15	Regionals	2nd Team
2006	Dara Mylius	#415	12:20.60	Regionals	2nd Team
2006	Maegen Stires	#418	12:20.83	Regionals	2nd Team
2005	Mike Pivarnick	#91	15:38.00	District	2nd Team
2005	Paul Garcia	#105	15:41.00	District	2nd Team
2004	Mike Pivarnick	#14	*15:13.00	Hanks Inv.	2nd Team
2003	Mike Pivarnick	#92	15:42	Regionals	2nd Team



2009

Cross Country Letterman

<u>Letterman</u>	<u>Years Lettered</u>
Elyssa Garcia	4
Melanie Stires	3
Jenny Davila	3
Juan Blanco	3
Clinton Blacksmith	2
Josh Alvarado	2
Ivan Hernandez	2
Amy Apodaca	2
Isabel Regalado	2
Whitney Stewart	2
Gerald Perez	1
Luis Salazar	1
Elias Leija-Garza	1
Christina Delgado	1
Brandee Baca	1
Olivia Lara	1



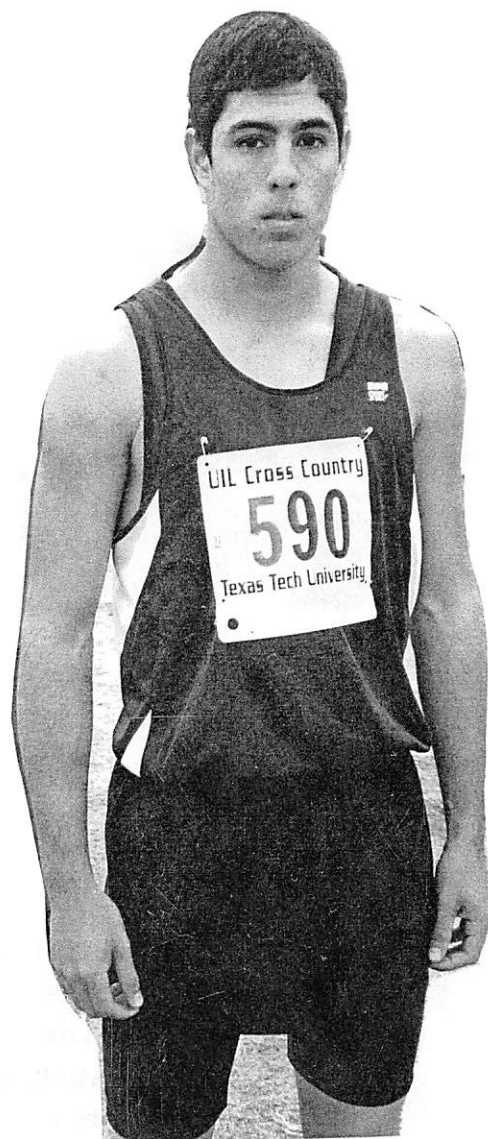
All Time Top Ten The Running of The Shoe

Girls

1.	Jessica Payne	5:38	2006
1.	Maegen Stires	5:38	2006
3.	Yadira Salazar	5:44	2005
4.	Melanie Stires	5:46	2009
5.	Elyssa Garcia	5:48	2009
6.	Dara Mylius	5:53	2007
7.	Atziry Apodaca	5:58	2008
8.	Elizabeth Cervera	5:59	2007
9.	Brandee Baca	6:02	2009
10.	Monique Macias	6:03	2008
10.	Annette Hernandez	6:03	2006
10.	Christina Delgado	6:03	2009

Boys

1.	Mike Pivarnick	10:09	2005
2.	Oscar Solis	10:21	2006
2.	Marco Cassani	10:21	2007
4.	Juan Blanco	10:22	2009
5.	Paul Garcia	10:25	2005
6.	Connor Buntyn	10:35	2008
7.	Tommy Daniel	10:41	2007
8.	Clinton Blacksmith	10:45	2009
9.	Andres Arvizo	10:48	2007
10.	Adrian Molinar	10:49	2007
10.	Jesse Abrams	10:49	2007





Eastwood Cross Country All-Time Top Ten Best season Averages

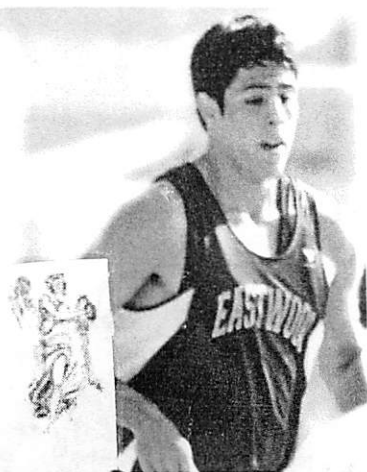


Girls:

1.) Debbie Contreras	2.5	1991
2.) Blanca Reyes	2.9	1993
3.) Jessica Payne	3.9	2006
4.) Monica Sanchez	5.0	1986
5.) Maegen Stires	5.6	2006
6.) Elyssa Garcia	5.89	2009
7.) Melanie Stires	8.40	2009
8.) Yadira Salazar	9.14	2005
9.) Dara Mylius	10.75	2007
10.) Atziry Apodaca	11.44	2009

Boys:

1.) Mike Pivarnick	1.25	2005
2.) Paul Garcia	4.0	2005
3.) Tommy Daniel	4.6	2006
4.) marco cassani	4.63	2007
5.) Tony Simmetti	5.3	1990
6.) Juan Blanco	5.56	2009
7.) Eric Flores	7.4	1990
8.) Mike Montes	7.7	1984
9.) Oscar Solis	8.6	2006
10.) Connor Buntyn	9.56	2008



Eastwood Cross Country District Course All-Time Top Ten List

Girls:

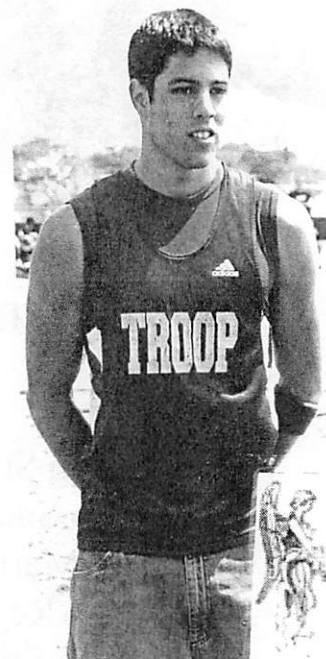
1.) Maegen Stires	12:49	2005
2.) Yadira Salazar	12:52	2005
3.) Kelly Martinez	12:53	1998
4.) Blanca Reyes	12:57	1994
5.) Melanie Stires	12:58	2009
6.) Jessica Payne	13:04	2006
7.) Elyssa Garcia	13:08	2009
8.) Dara Mylius	13:12	2006
9.) Christina Delgado	13:23	2009
10.) Elizabeth Cervera	13:37	2007

Eastwood Cross Country Eastwood Inv. All-Time Top Ten List

Boys:

1.) Mike Pivarnick	15:38	2005
2.) Paul Garcia	15:41	2005
3.) Fernie Garcia	16:07	1999
4.) Mike Orszulak	16:12	2005
5.) Oscar Solis	16:19	2006
6.) Tommy Daniel	16:21	2006
7.) Marco Cassani	16:29	2007
8.) Ben Muniz	16:33	1999
9.) Mike Romero	16:35	2005
10.) Juan Blanco	16:36	2009

Eastwood Cross Country Regional All-Time Top Ten List



Girls:

1.) Bridgette O'Toole	11:23	1987
2.) Blanca Reyes	11:54	1995
3.) Diana Gutierrez	12:04	1987
4.) Melanie Stires	12:06	2009
5.) Jessica Payne	12:07	2006
6.) Jennifer Sarabra	12:14	1987
7.) Maegen Stires	12:19	2007
8.) Dara Mylius	12:20	2006
9.) Kelly Martinez	12:20	1997
10.) Elyssa Garcia	12:27	2009

Boys:

1.) Mike Pivarnick	15:42	2003
2.) Mike Montes	15:43	1984
3.) Joe Messer	15:55	1984
4.) Marco Cassani	16:01	2007
5.) Tommy Daniel	16:03	2007
6.) Henry Garcia	16:09	1986
7.) Rick Orpeza	16:12	1986
8.) Tony Urrutia	16:14	1984
9.) Frank Agness	16:15	1986
10.) Paul Garcia	16:20	2005
10.) Henry Medvil	16:20	1984

For Information about Eastwood Cross Country as well Track & Field visit our website
ehstrack.bravehost.com Coach McLain mmpre@hotmail.com

District domination

Eastwood,
Clint, Chapin,
Horizon all
earn crowns

By Lenny Jurado

El Paso Times

EL PASO — At one point this season, Eastwood High School cross country runner Melanie Stires considered herself "the slowest one on the team."

Looking back, that seems almost ridiculous.

Fully healthy and running strategically Saturday, the Trooper junior won the District 1-5A girls championships after traversing the Chamizal Park's 2-mile course in 12 minutes, 58.67 seconds.

It was her first career varsity cross country victory, this after missing the first couple meets in 2009 with an illness.

"I felt like crying," Stires said of her finish, which was 20 meters ahead of second place. "I knew I could do it. It just took a lot of hard work, and I knew I was capable of it. I just had to totally commit and set my mind to it."

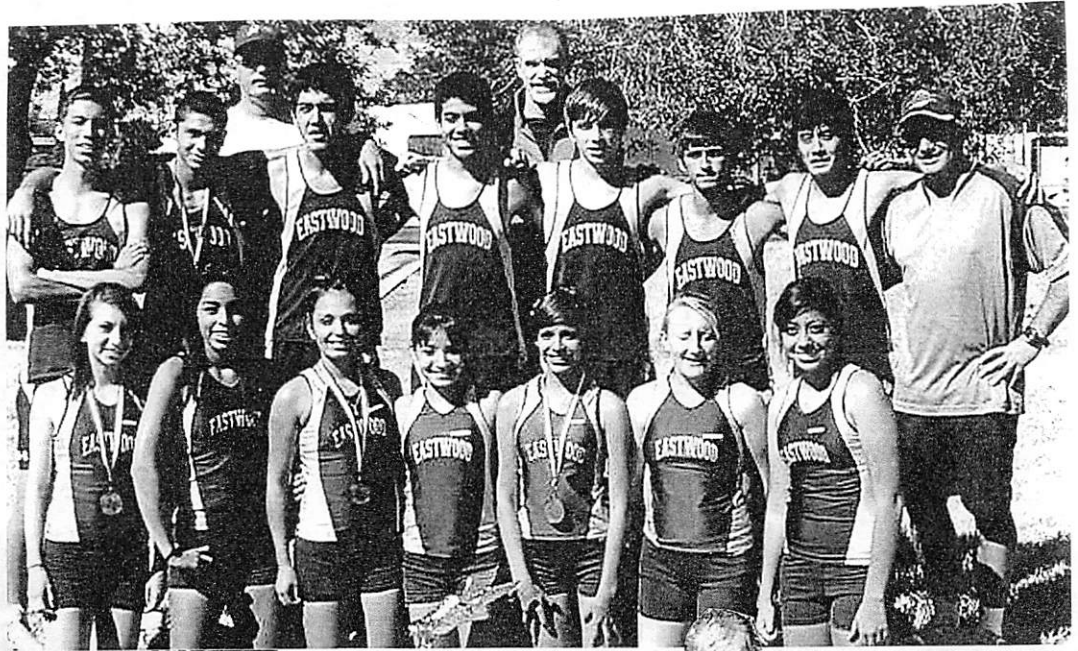
Stires' heroics helped lift Eastwood to its fourth consecutive district title on an absolutely gorgeous day for running.

The Troopers, ranked second in El Paso, went 1-3-8-10-15 to beat No. 9 El Dorado (62 points) and No. 4 Americas (75).

Individually, El Dorado freshman Ileana Acosta was spectacular in placing second, while Trooper senior Elyssa Garcia showed leadership in finishing third.

Garcia considers this season's edition of the Troopers to be unique.

"We did a lot of team bonding, actually," she said. "In the previous years, we were kind of like, 'Oh, you're my teammate,' but this year, we really got close."



Girls to watch

- 1. Diane Bocklage, senior, Coronado
- 2. Adriana De Leon, senior, Chapin
- 3. Maria Esquinca, junior, Del Valle
- 4. Sarah Rayas, junior, Clint
- 5. Danielle Costanzo, senior, Chapin
- 6. Veronica Sandoval, senior, Chapin
- 7. Elyssa Garcia, senior, Eastwood
- 8. Bonnie Perez, sophomore, El Dorado
- 9. Vanessa Moreno, junior, Horizon
- 10. Melanie Stires, sophomore, Eastwood
- 11. Adriana Jurado, senior, Horizon
- 12. Marilyn Medina, junior, Montwood
- 13. Sunia Velasquez, freshman, Horizon
- 14. Szilarda Mendoza, freshman, Coronado
- 15. Nicole Dudley, junior, Parkland

Girls Top 10

- 1. Eastwood
- 2. Del Valle
- 3. Chapin
- 4. El Dorado
- 5. Montwood
- 6. Horizon
- 7. Coronado
- 8. Irvin
- 9. Americas
- 10. Clint

Runners set to take their marks

By Aaron Bracamontes

El Paso Times

EL PASO — It's no secret the start of the high school cross country season doesn't raise the same fervor as the first weekend of football.

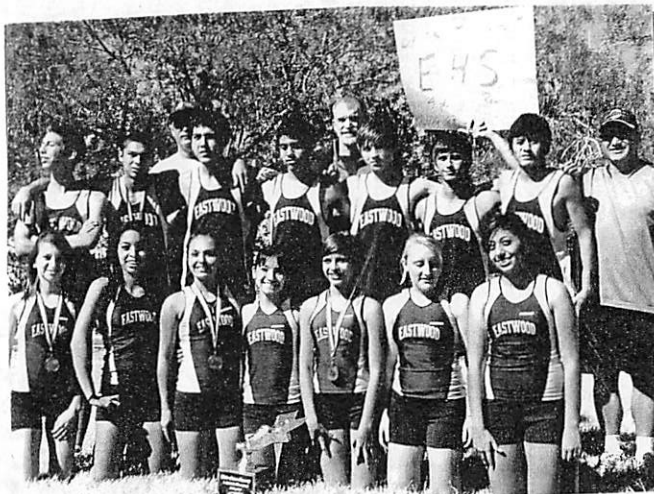
But for the hundreds of local teenagers who lace up their shoes and go out, in conditions ranging from blistering heat to ice-cool rain for a 2- or 3-mile race, it is the culmination of months of training and a summer of sacrifice.

The finish line is at the district, regional and state championship meets in late October and early November, but the starting line will be 9 a.m. today at the Socorro Student Activities Complex and Veterans Park.

Coming into the season, the Austin High School boys team tops the preseason poll after returning four runners from a team that placed third at state last year.

The Panthers are led by the city's top two returning runners, Isaac Spencer and Ramon Garcia, who also earned trips to state in track and field.

"Our goal is getting back to where we were last year and getting better at where we were," Spencer said. "We're still young in grade level, but not mentally."



Diane Bocklage, left, of Coronado High School and Isaac Spencer of Austin are two of the city's top runners going into the 2009 high school cross country season, which begins today.

With a couple new additions, Austin is the team to beat this year, and the Panthers know it.

"I definitely think a lot of people in our district are looking at us and want to chase us down," junior Ben Gutierrez said. "Most of us don't think any better of ourselves, we just stay humble and do what we need to do."

Individually, Spencer and Garcia, both juniors, will mix it up with Jefferson High School sophomore Joel Flores and Franklin High

School senior Mike Nieman for the top spot in the city.

"I think it's going to be harder this year," Spencer said. "Sometimes, I think the younger runners are better."

On the girls side, the Eastwood High School girls start the season at No. 1. Despite sophomore Melanie Stires missing a month due to an illness, the Troopers still have depth and the leadership of senior Elyssa Garcia to help them out.

"Our most positive thing is probably our confidence," Garcia said. "We're all push-

ing each other for one goal."

Garcia said the team has a mix of experienced veterans and talented youngsters who have bonded over the offseason.

"We just want to come in together," Garcia said.

One runner who will be looking to come in solo is Coronado senior Diane Bocklage, who is the top returning girl from last year.

With the departure of Marissa Paz and Sandra Walker, Bocklage will battle it out with Chapin High School senior Adriana DeLeon and Del Valle High School junior Maria Esquinca in the girls division.

"I'm looking forward to district, because I want to perform better than last year," Bocklage, the District 1-5A runner-up, said. "I'm sure there's going to be some good runners this year, but it seems like I got a good chance to win district."

In only her second year, Bocklage, like so many other newcomers, has grown to embrace the sport.

"It's a really grueling sport," she said. "Some days, you finish the race and feel like you accomplished something."

Aaron Bracamontes may be reached at abracamontes@elpasotimes.com; 546-6381.

Boys to watch

- 1. Isaac Spencer, junior, Austin
- 2. Ramon Garcia, junior, Austin
- 3. Joel Flores, sophomore, Jefferson
- 4. Mike Nieman, senior, Franklin
- 5. Adrian Anaya, senior, Horizon
- 6. Jesus Rodriguez, senior, Clint
- 7. Angel De La Cruz, junior, Montwood
- 8. Alex Acuna, junior, Jefferson
- 9. Danny Tarango, sophomore, Burges
- 10. Jadon Rankins, senior, Americas
- 11. Dorian Miranda, sophomore, Montwood
- 12. Juan Salazar, senior, Socorro
- 13. David Urquidi, junior, Socorro
- 14. Justin Gerber-Cardon, senior, Montwood
- 15. Juan Blanco, junior, Eastwood

Boys Top 10

- 1. Austin
- 2. Montwood
- 3. Jefferson
- 4. Eastwood
- 5. Franklin
- 6. El Dorado
- 7. Horizon
- 8. Socorro
- 9. Irvin
- 10. Coronado

For Information about Eastwood Cross Country as well Track & Field visit our website
ehstrack.bravehost.com Coach McLain mmpre@hotmail.com

Coaching tree bears success

By Felix Chavez

El Paso Times

EL PASO — Mike McLain, Howard Prestwood and Chris Gee are three of the area's most successful cross country coaches, and success isn't the only thing they have in common.

Each is a graduate of Hanks High School, each loves the sport they coach and each gives a great deal of credit for what they have achieved to their mentor and former high school coach, Paul Pearson.

"Coach Pearson is a mentor to all of us," said Gee, who heads the Class 3A Clint High School girls team, which is ranked No. 1 in the city. "He helped guide me in the right direction."

Gee graduated in 1990 and, like Prestwood, didn't run cross country in high school, but rather played football and ran track. Pearson coached both of them in track and field, and he has remained close with them.

In fact, when Prestwood returned to Clint in 2000, he thought he was going to coach football. Instead, he wound up coaching cross country and later was hired at Horizon, where he now is the head coach of the county's top Class 4A girls team.

"Coach Pearson teaches more than just workouts. He teaches about life, pursuing dreams and pursuing goals," said Prestwood, a 1986 Hanks graduate.

Pearson himself was quite a runner before turning to coaching. The 58-year-old native of Canada attended UTEP on a running scholarship and turned his attention to coaching in the area.

"It's great seeing them achieving so much," Pearson said of his protégés.

McClain is the head coach at Eastwood, and his girls are the city's top 5A team. He also credits Pearson.

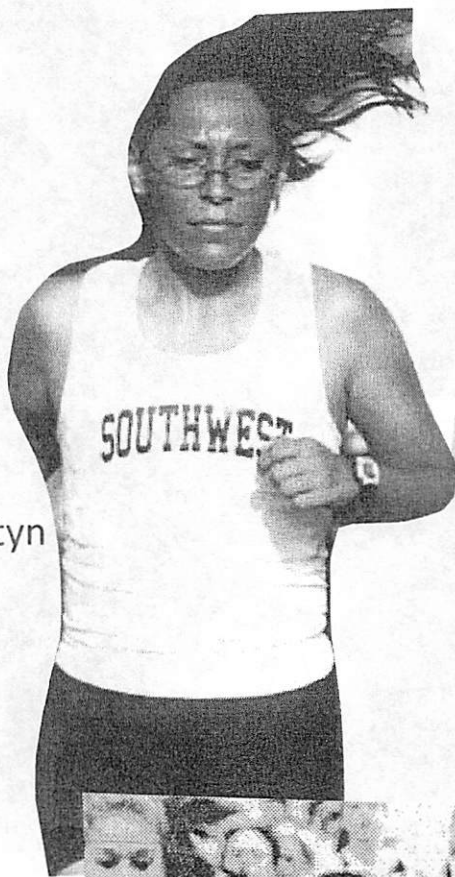
"Coach Pearson understands athletics from a motivational, competitive and scientific view," he said. "When I ran under coach, he would run with us, and I can't tell you how much that meant to me. I force myself to run with my athletes."





4 Eastwood Graduates qualify for 2009 Cross Country National Championships

Liz Cevera



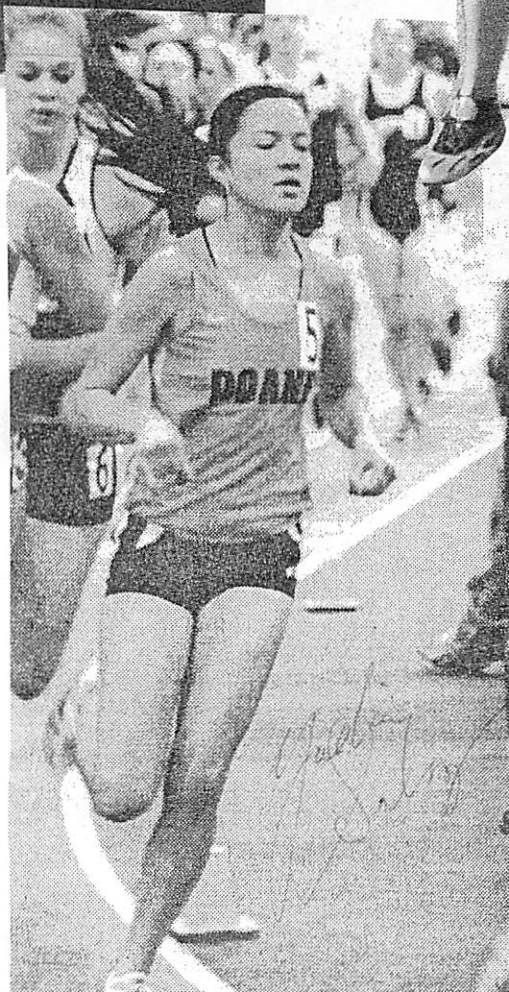
Connor Buntyn



Paul Garcia



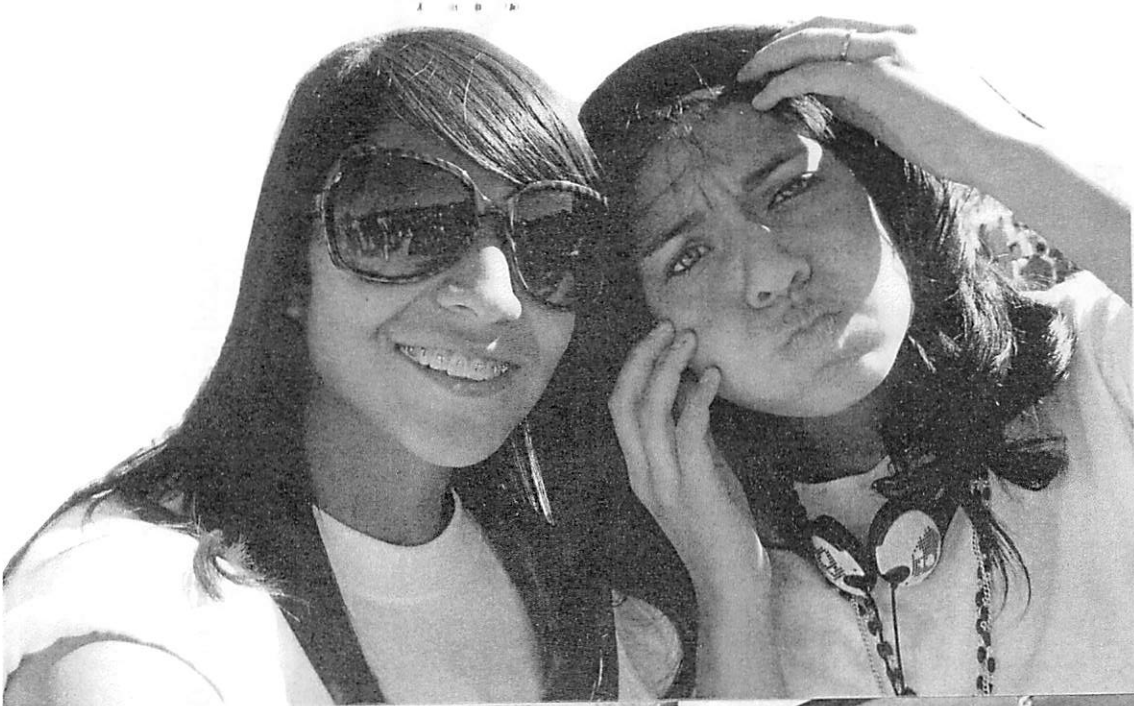
Yadira Salazar





Victor Calzada / El Paso Times

Team RED is made up swimmer Renee Trejo, cyclist Dara Salazar and winner Flvesa Garcia.



Eastwood grad signs with Wayland Baptist

EL PASO — Recent Eastwood High School graduate Jessica Salazar signed Tuesday to run for Wayland Baptist University in Plainview.

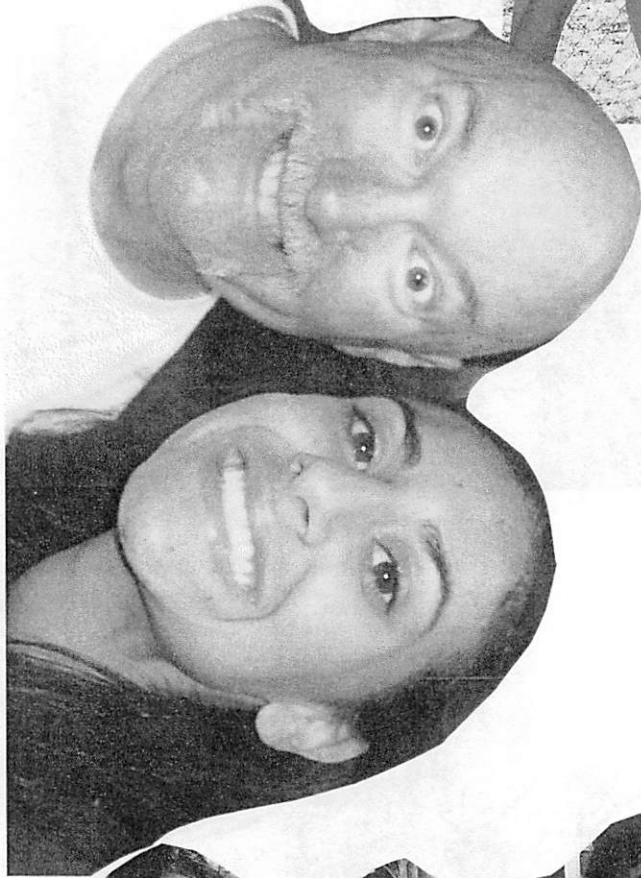


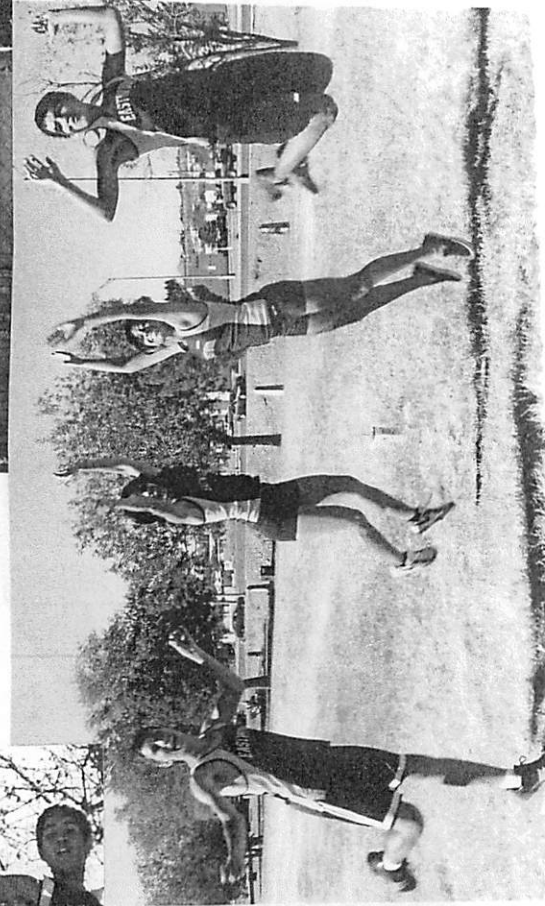
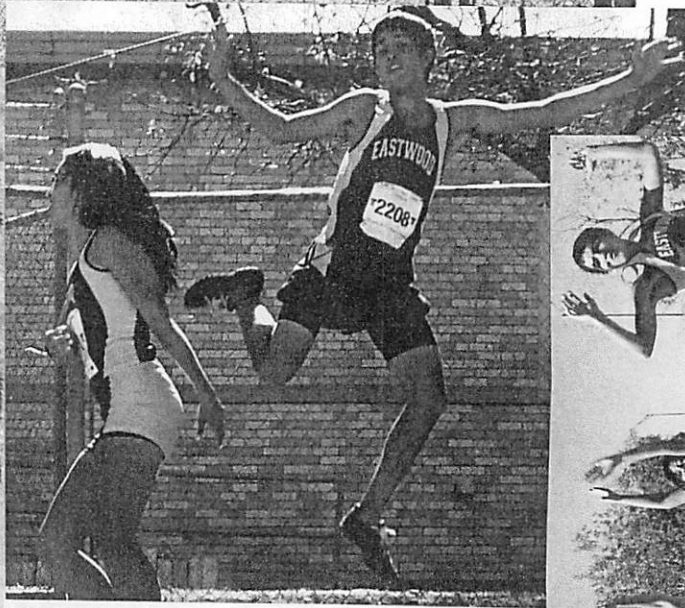
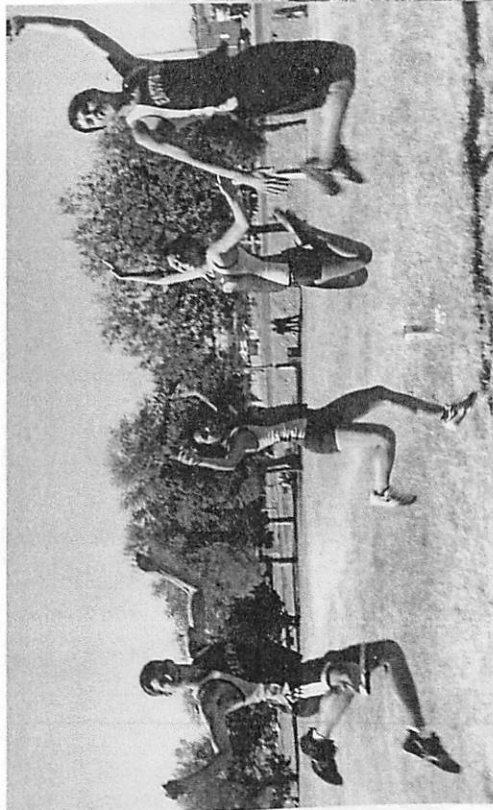
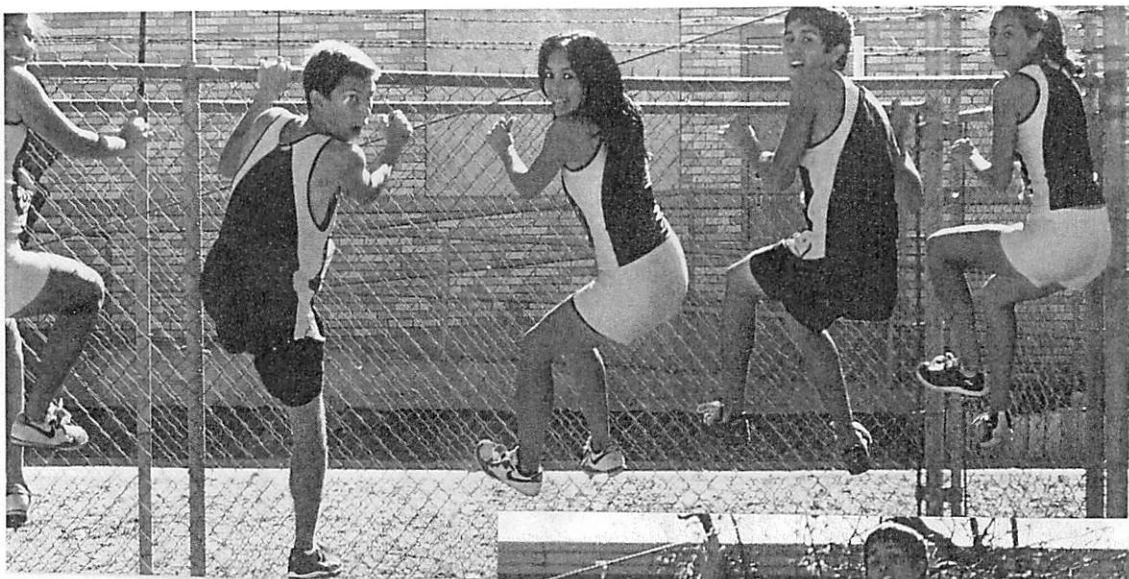
"It's an NAIA school, and they race against Doane College (in Nebraska), where my sister (Yadira Salazar) runs, so I'll be able to see her, and they'll also race against University of the Southwest in Hobbs (N.M.), so I'll get to see (former Troopers). That had a lot to do with my decision."

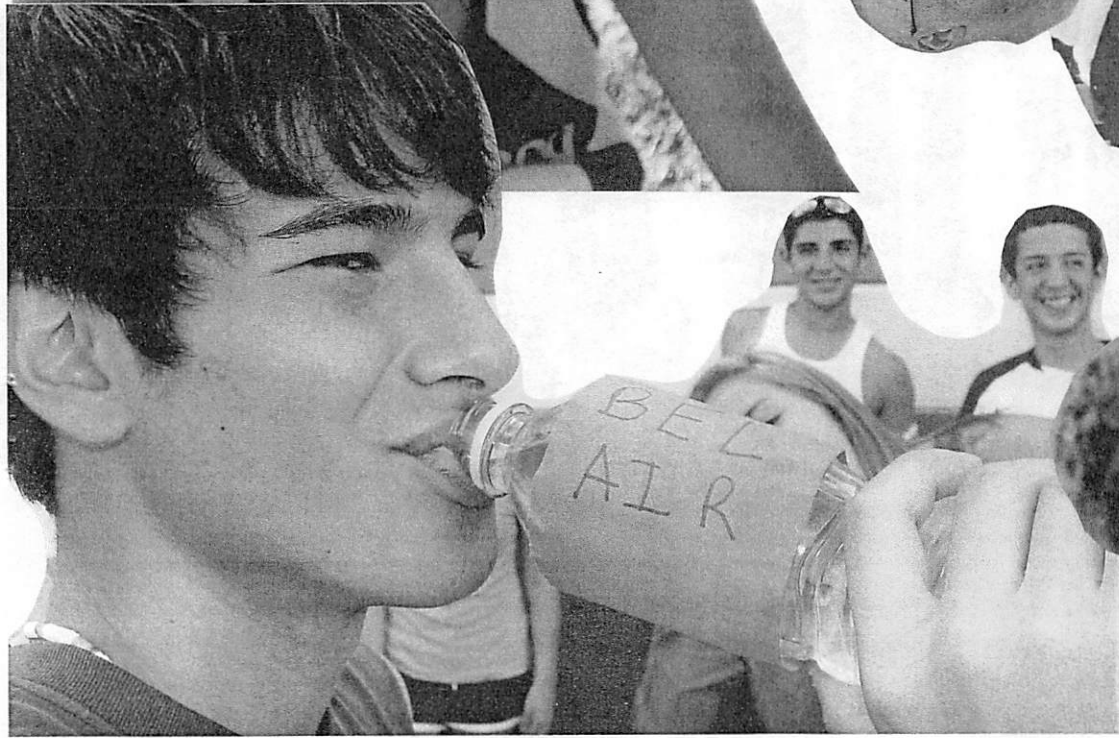
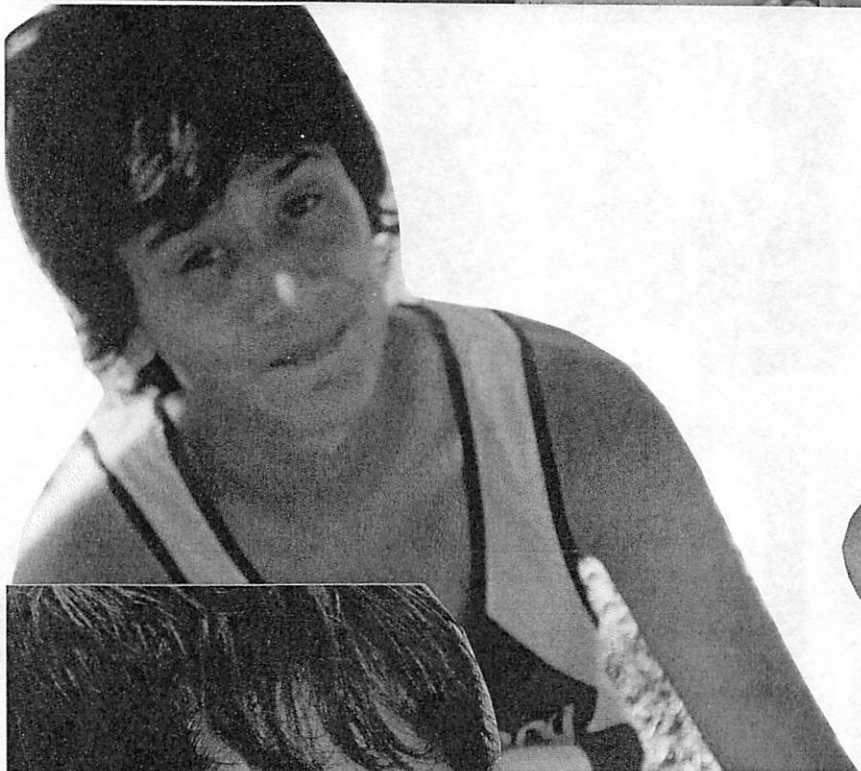
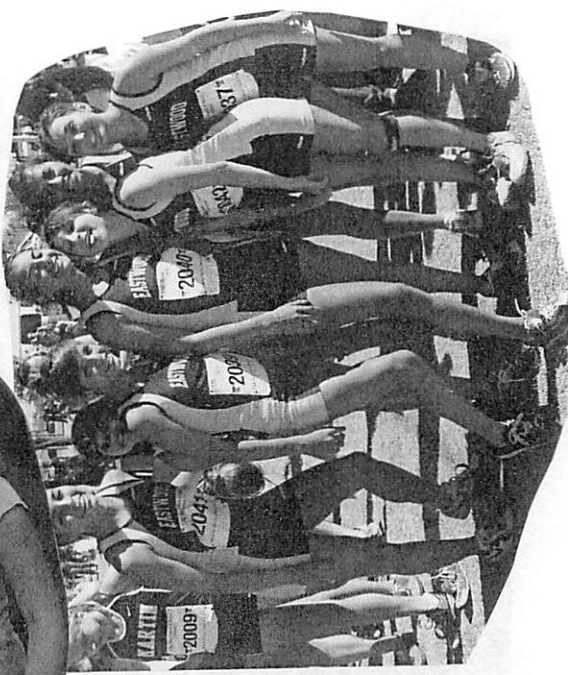
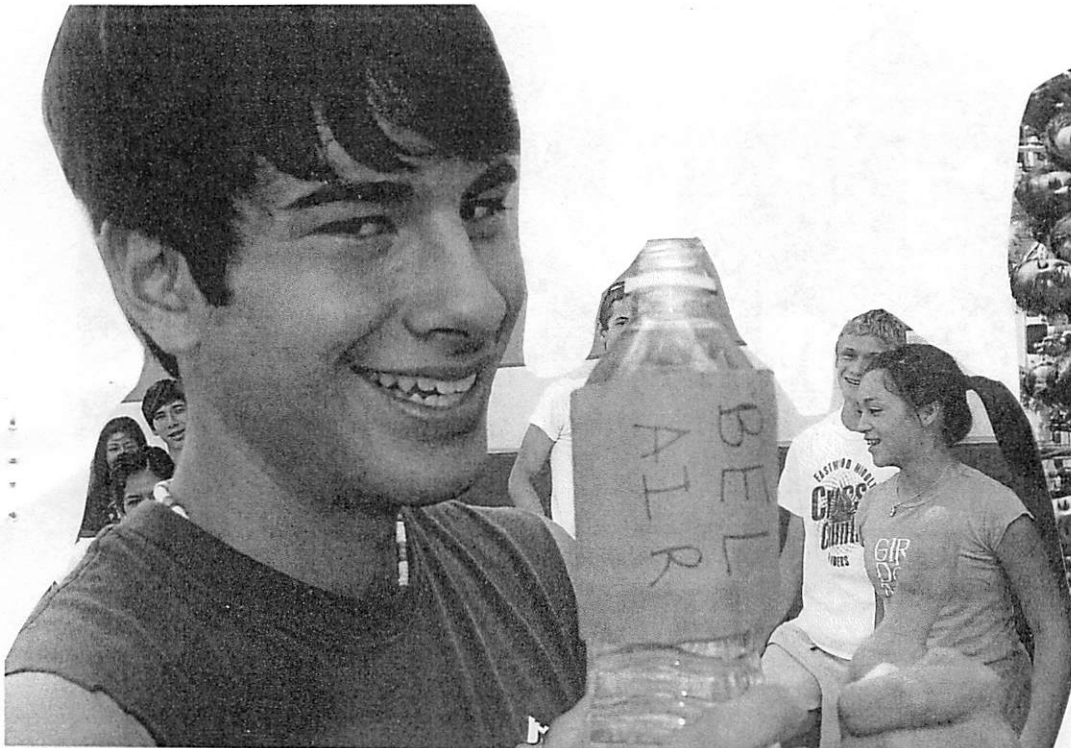
Salazar

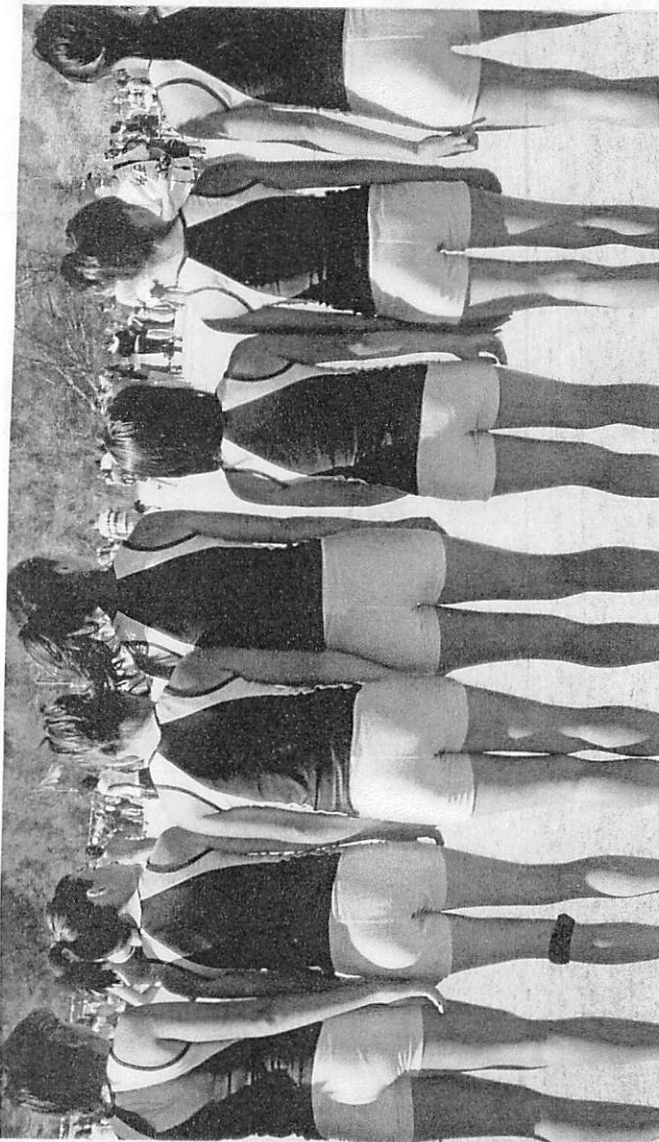
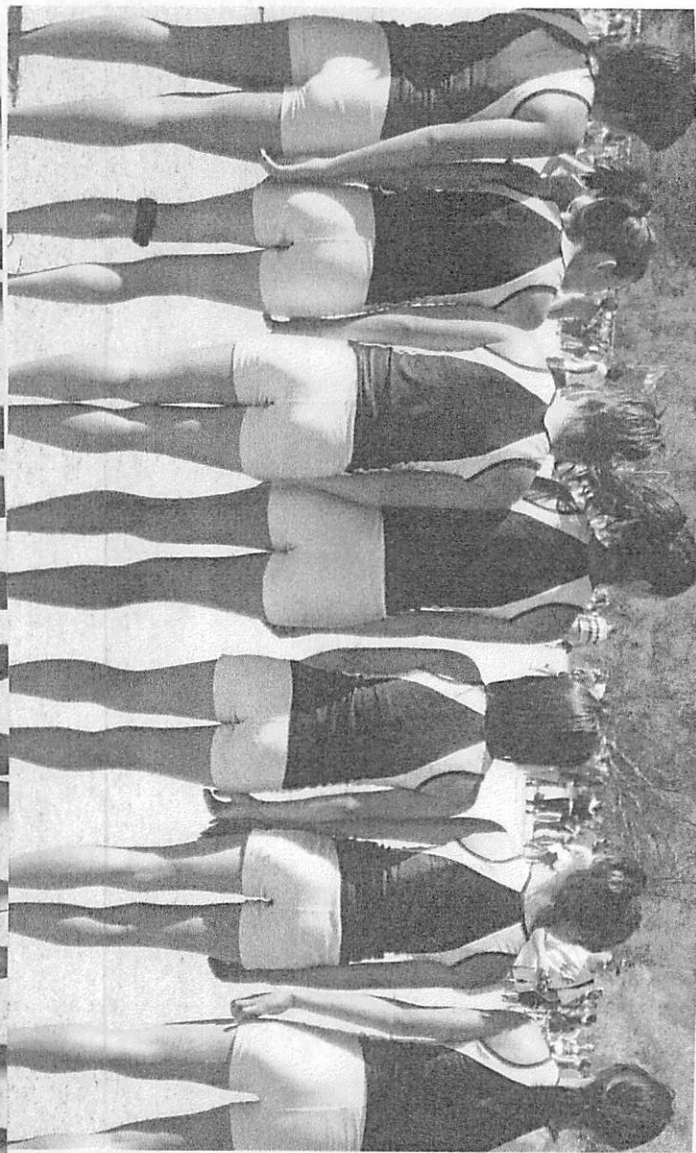
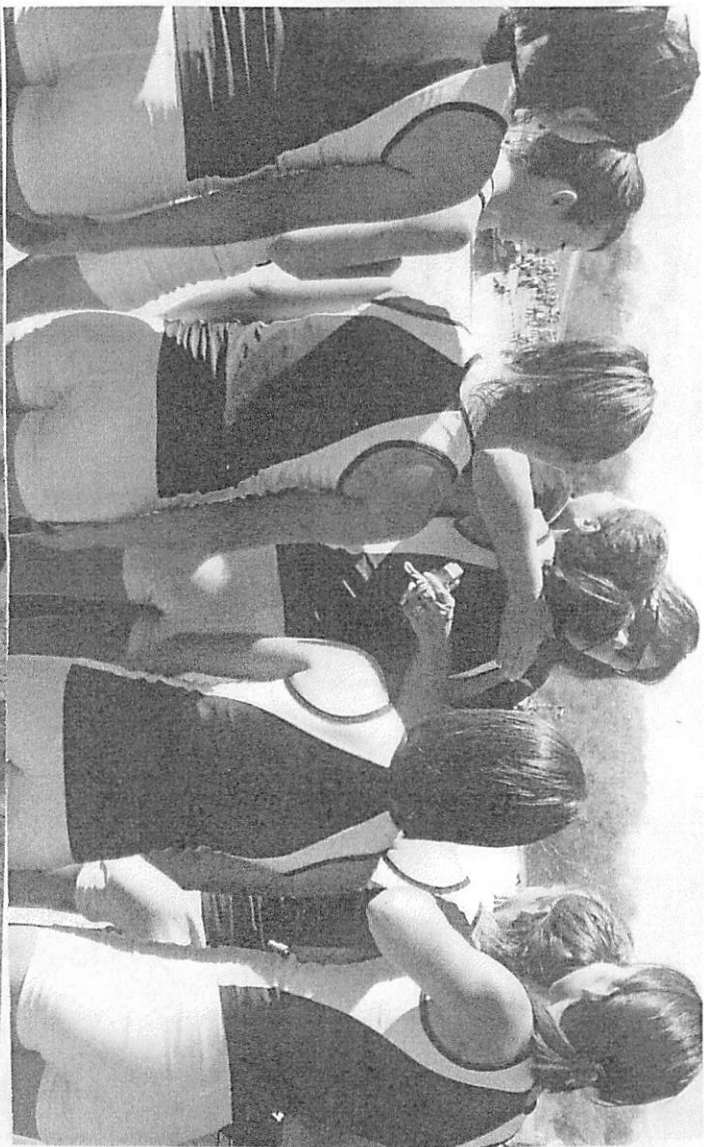
Salazar won the 100- and 300-meter hurdles races at the District 1-5A championships. She also holds the school record in the 100 hurdles (15.15 seconds).

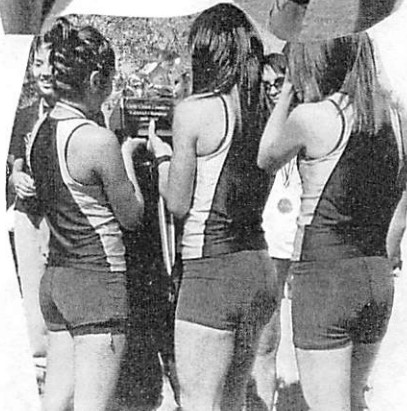
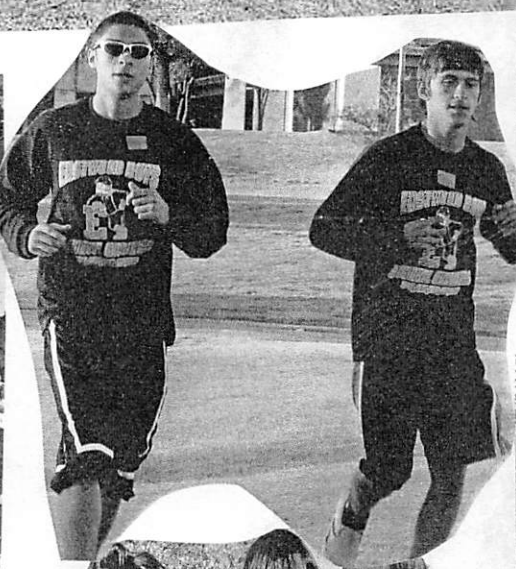
She is Eastwood's fourth track signee in 2009.

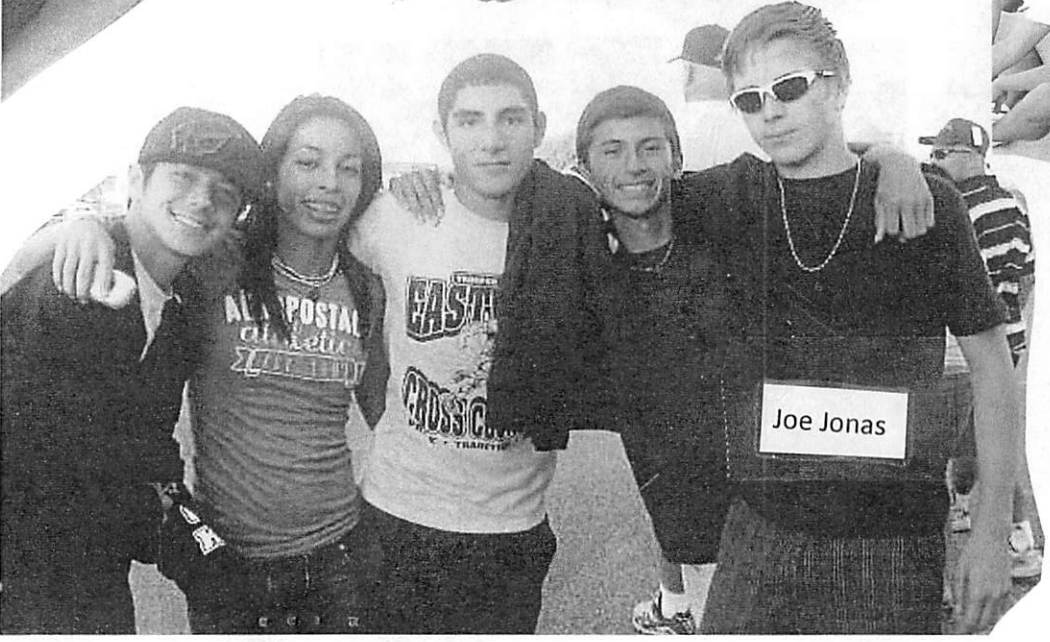
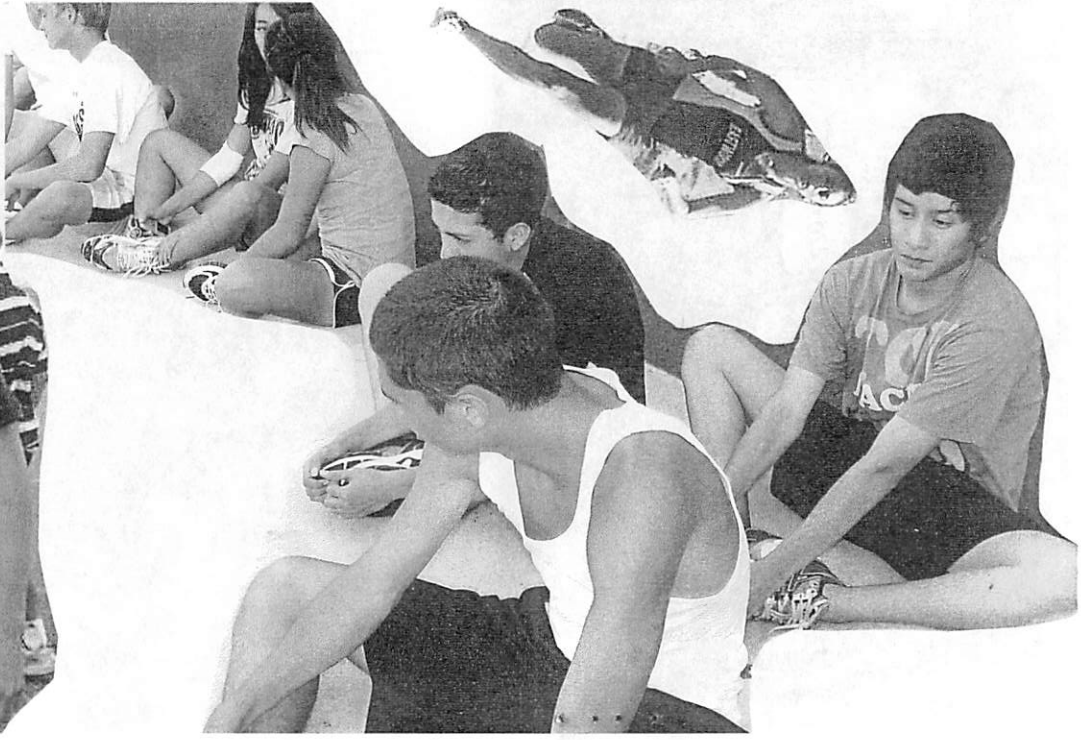
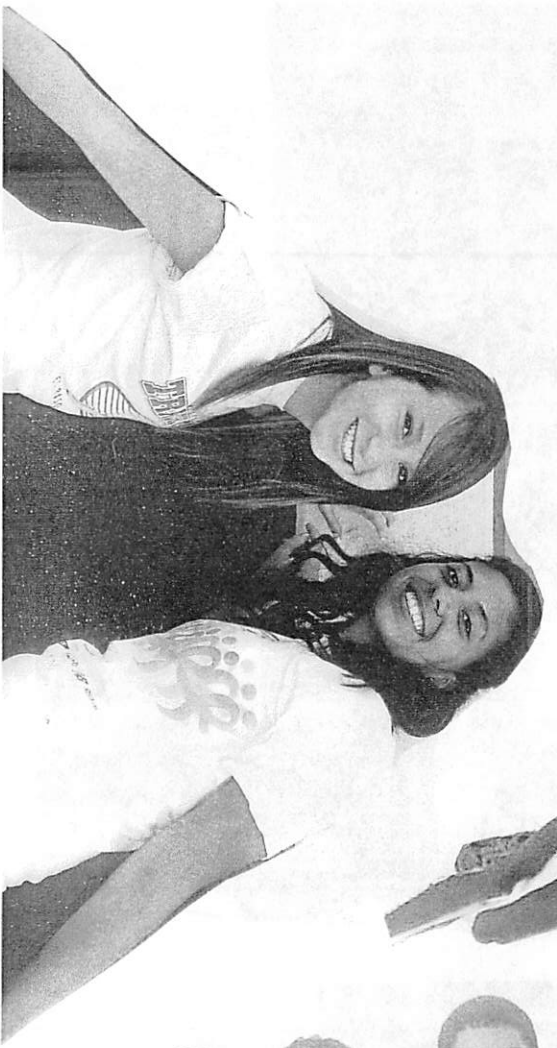
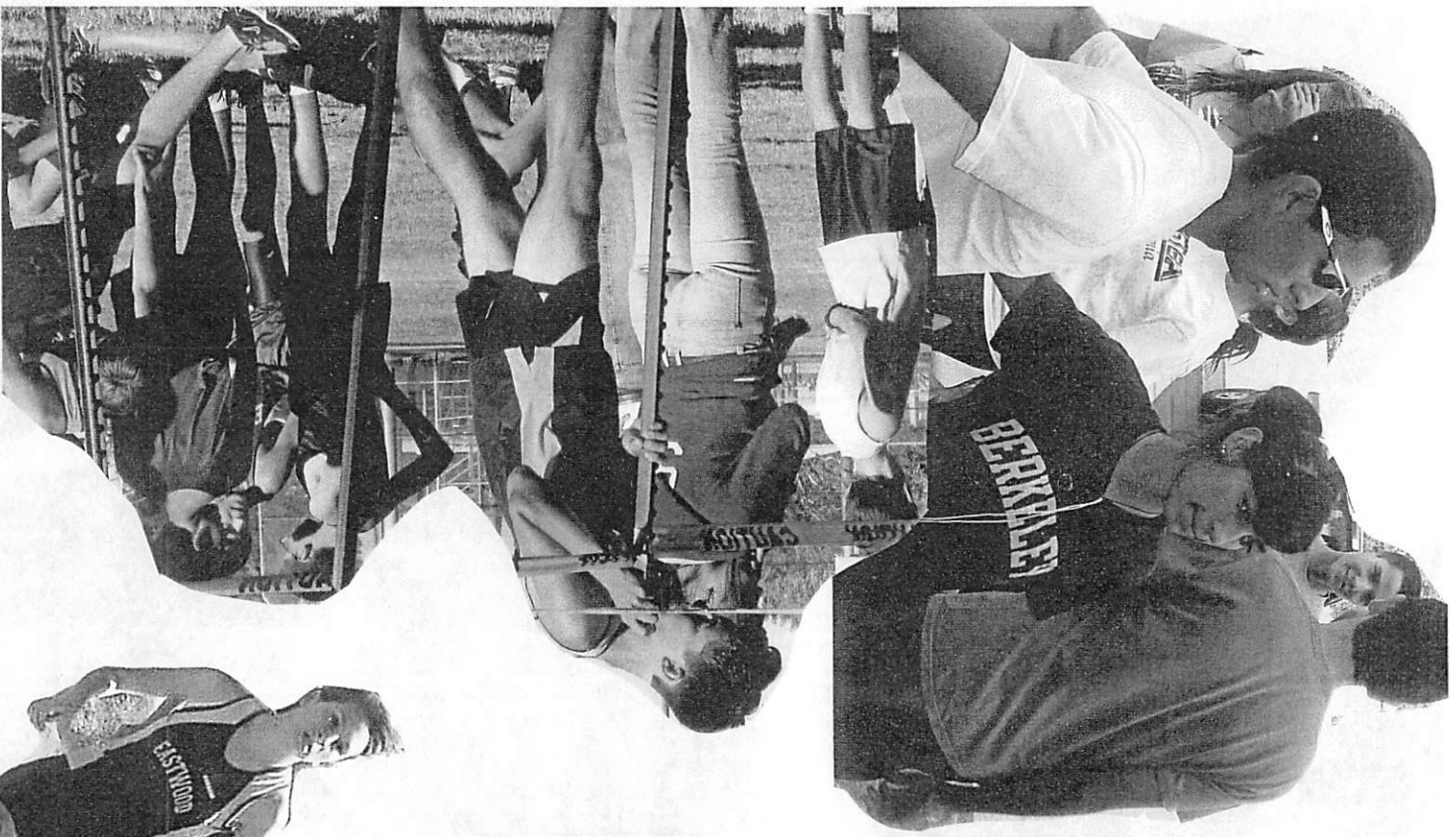


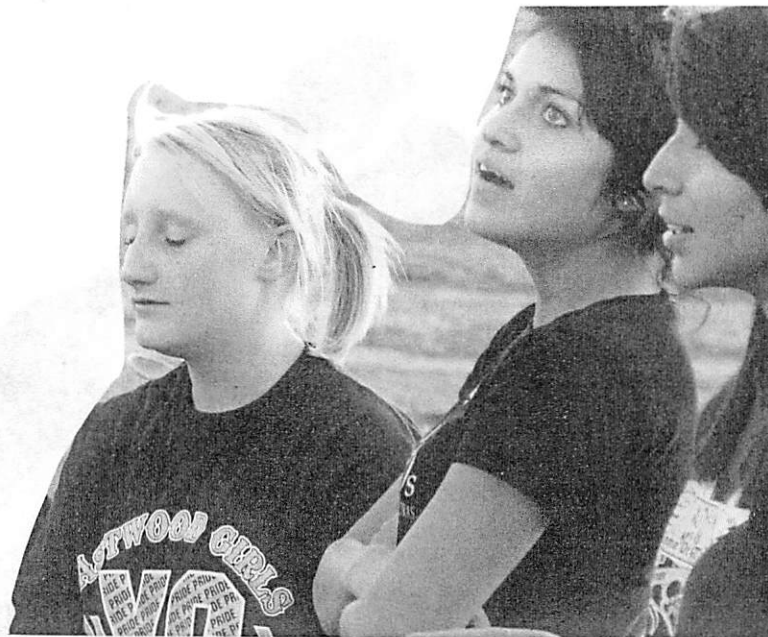
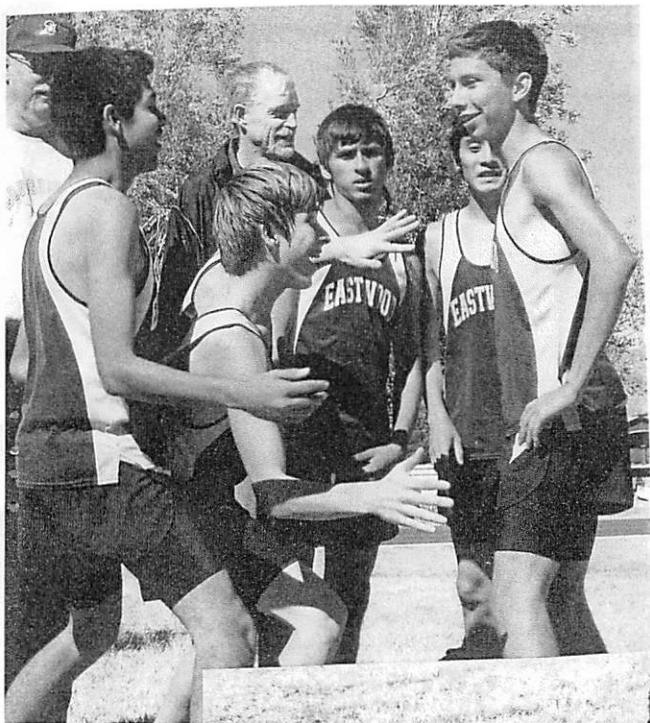






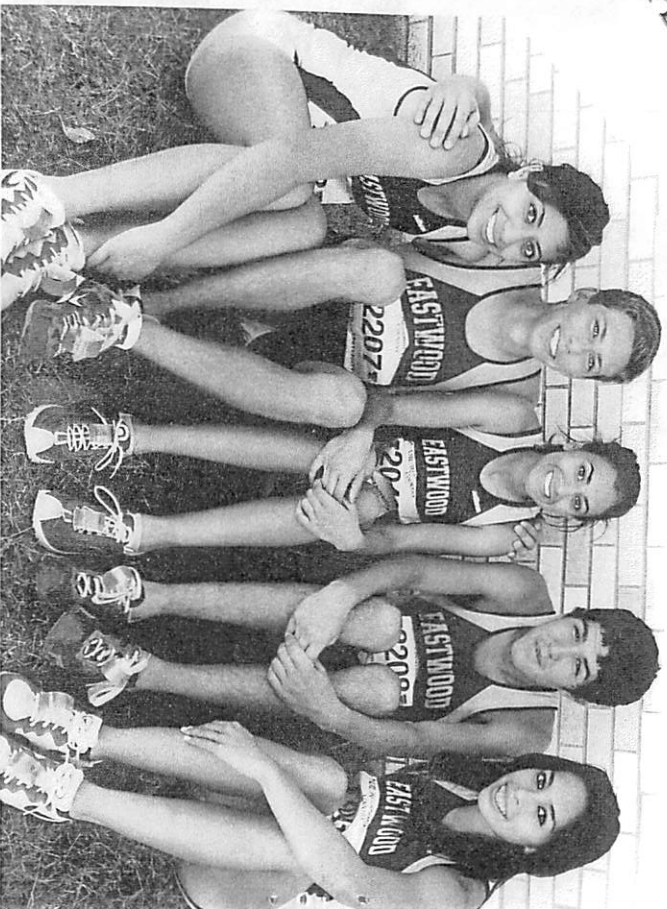
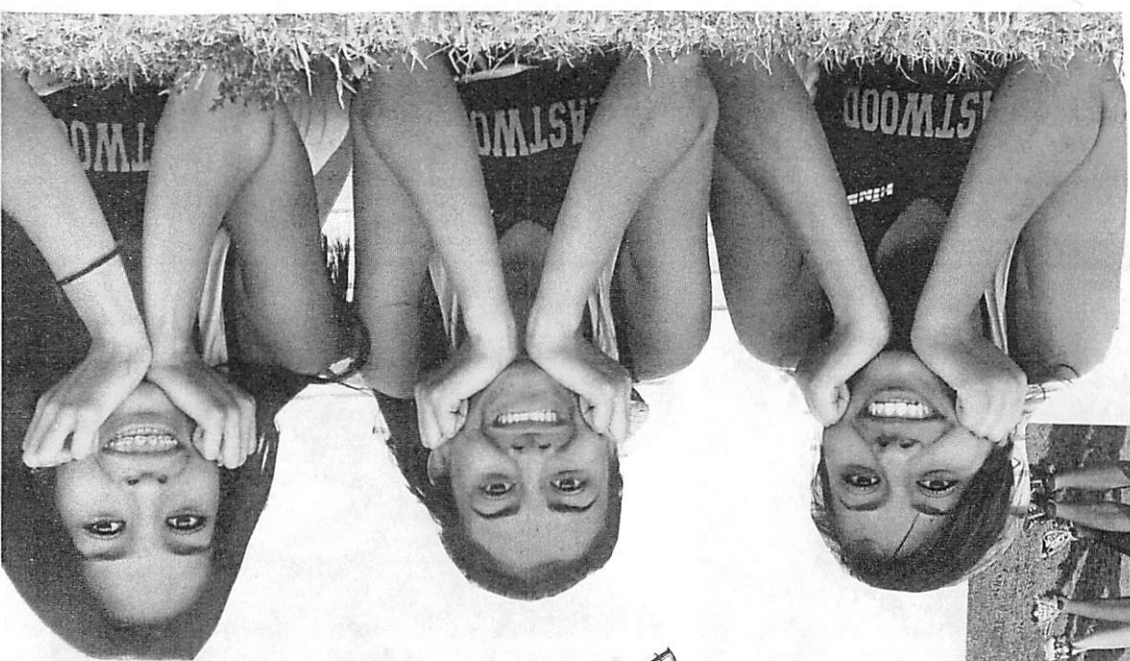


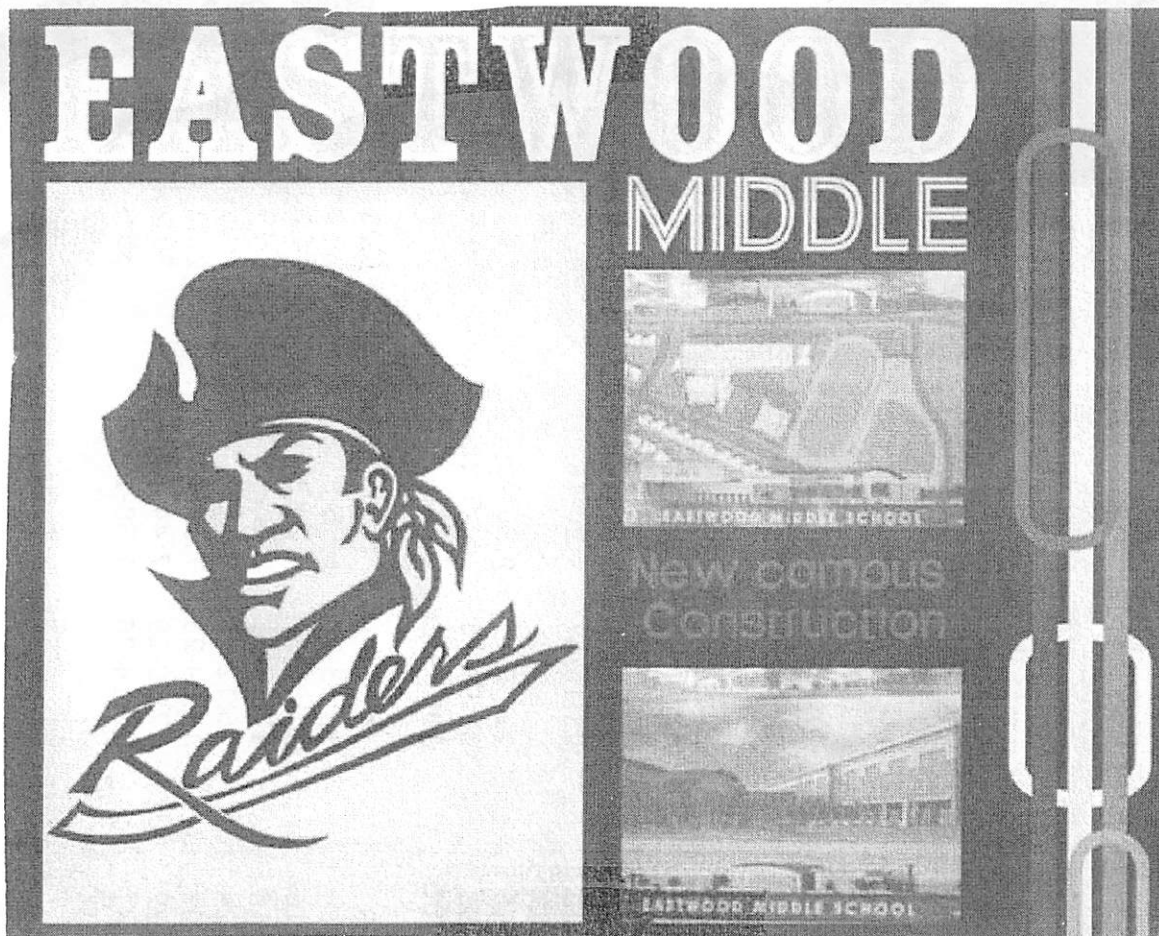






THANK YOU SENIORS
PLEASE COME BACK AND RUN AT THE SHOE



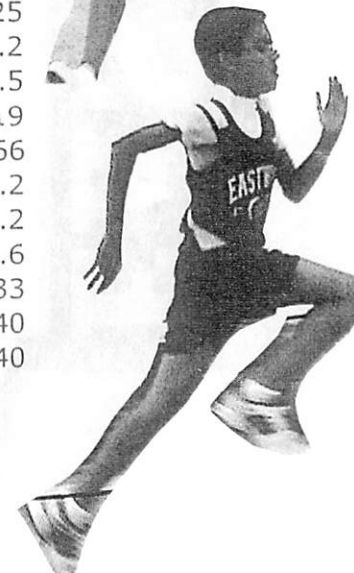


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ehstrack.bravehost.com Coach McLain mmpre@hotmail.com



2009 Eastwood Middle School

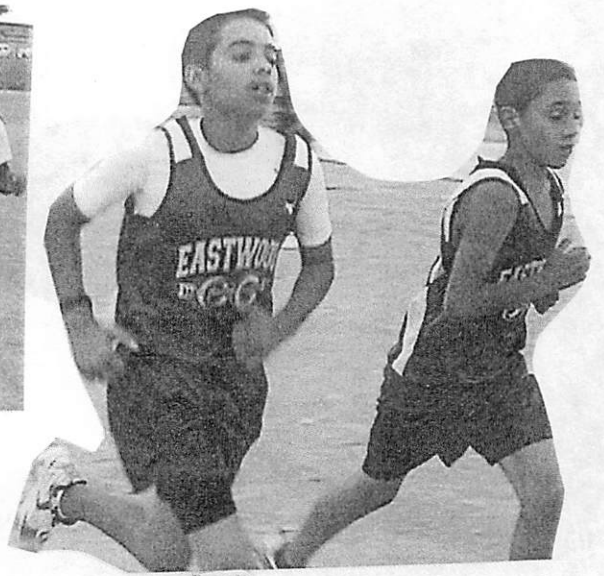
Name	Division	East Montana	Tornillo	Eastwood/Bel Air District		Shoe	Season Average
Phoebe Sandoval	7th Girls	15:05-1	16:30-1	15:08-1	16:06-2	6:23-1	1.2
Anna Mora	7th Girls		18:00-9	16:45-7	16:56-5	7:04-2	5.75
Dominique Blancas	7th Girls			17:45-23	18:12-13	7:52-7	14.3
Denise Ortiz	7th Girls	20:19-38	20:23-26	20:39-41	17:55-12	7:38-4	24.2
Cassy Cerrano	7th Girls	19:25-30	20:04-24	18:34-30	19:23-28	8:20-12	24.8
Summer Duncan	7th Girls	18:20-20	20:56-31	18:24-27	20:24-41	8:01-8	25.4
Dominique Caban	7th Girls	20:09-36	19:54-21	18:35-31	19:39-33	8:02-10	26.2
Alexis Vargas	7th Girls	18:24-22	19:18-17	17:41-20	21:36-51		27.5
Sydney Campos	7th Girls	20:05-35	21:28-34	19:30-36	20:09-37	8:27-15	31.4
Luisa Marquez	7th Girls		21:00-32	20:59-46		9:12-17	31.6
Viana Vasquez	7th Girls		22:40-40	21:13-47		8:39-16	34.3
Emily Villareal	7th Girls	21:13-42	22:27-43	21:21-48		8:01-9	35.5
Monica Mendez	7th Girls			20:54-44	22:07-54	8:07-11	36.3
Laura Morales	7th Girls	19:59-34	20:50-29	21:13-47			38
Sarah Vargas	7th Girls			23:59-60		9:32-19	39.5
Melanie Walker	7th Girls	20:46-39	22:06-38	21:24-49	23:18-67	9:20-18	42.2
Kaitlyn Punzo	7th Girls	21:14-43	23:45-45	22:55-57			48.33
Marla Ordunez	7th Girls	22:46-57		22:52-56	23:38-71	9:50-20	51
Pricilla Reyes	7th Girls		30:03-55	25:06-63	25:50-78	10:27-22	54.5
TEAM RESULTS	7th Girls	3rd 84pts	2nd 72pts	3rd 74pts	1st 54pts		
Tony Rios	7th Boys	15:25-18	15:31-10	13:59-5	14:56-4		9.25
Christopher Wallace	7th Boys	15:41-22	15:54-13	15:06-14	15:13-9	6:35-8	13.2
Angel Hernandez	7th Boys		16:22-18	15:08-16	17:06-21	6:26-3	14.5
Jacob Guzman	7th Boys	15:49-23	16:53-23	15:36-16	17:08-22	7:00-11	19
Isaiah Gandera	7th Boys		17:25-30	16:16-26	16:12-18		24.66
Camden Villa	7th Boys	18:30-41	17:19-27	16:37-28	17:09-23	7:24-12	26.2
Oscar Moreno	7th Boys	17:45-37	17:56-34	17:42-37	17:59-29	7:44-14	30.2
Luis Melo	7th Boys			17:51-41	20:14-36	7:58-15	30.6
Kevin Rodriguez	7th Boys	14:29-10	15:49-12	14:48-11			33
Diego Calzada	7th Boys		19:04-40				40
Oscar Soto	7th Boys			17:49-40			40

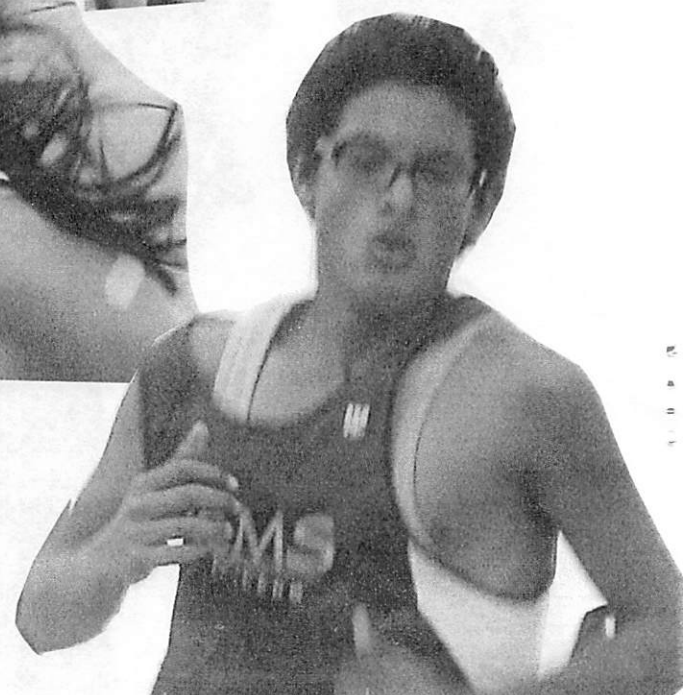
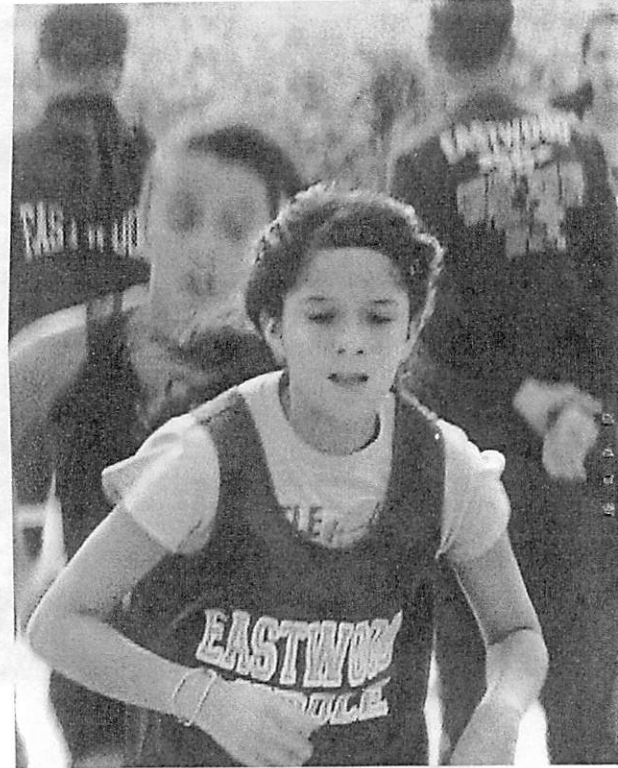
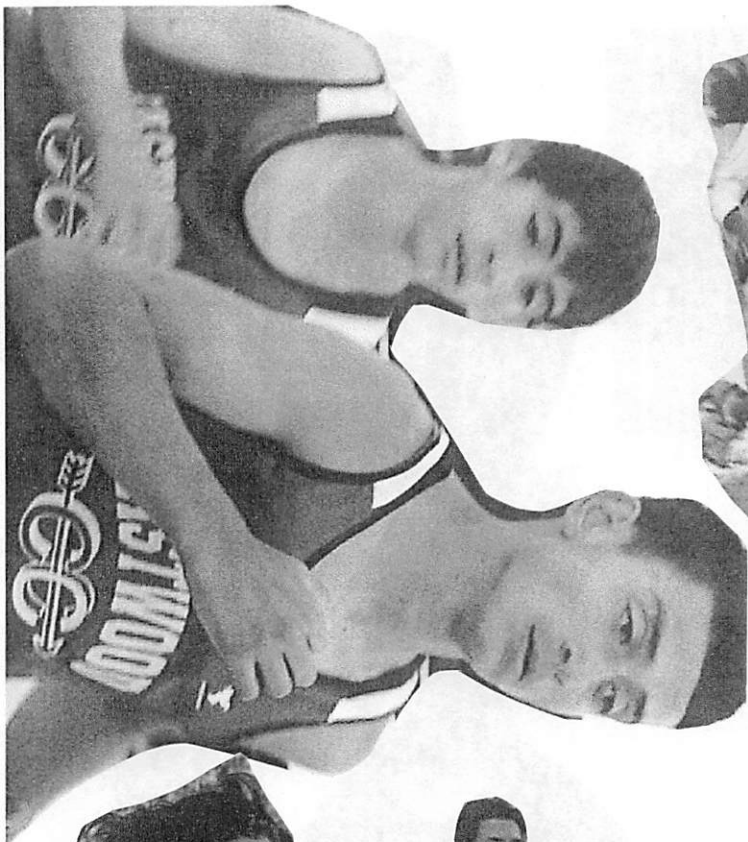


Ernie Castro	7th Boys	18:28-45	20:01-35	40		
Raymundo Rodriguez	7th Boys	18:28-44		44		
Brian Vela	7th Boys 20:21-53	26:00-56	20:59-54	23:32-46	9:00-20	45.8
Justin Johnson	7th Boys 20:21-54	21:16-54				54
TEAM RESULTS	7th Boys 4th 110pts	1st 76pts	1st 52pts	2nd 41pts		
Hanna Gomez	8th Girls 17:57-18	19:28-27	17:25-16	18:55-21	7:46-6	17.6
Jazmin Navarette	8th Girls 18:28-23	20:07-31	18:12-20	18:45-20	7:39-5	19.8
Celeste Ramirez	8th Girls 19:29-31	20:59-39	19:17-30	20:22-31	8:26-14	29
Chandelle Pehle	8th Girls 22:59-52	20:48-36	24:24-54		9:54-21	32.6
Janeet Ortega	8th Girls 18:26-22	25:10-59	18:56-26			35.66
Alexis Valle Verde	8th Girls 21:37-45	22:50-55	20:47-40	21:04-38	8:22-13	38.2
Alexis Molina	8th Girls 20:10-36	21:36-44				40
Katy McKenzie	8th Girls 20:43-40					40
TEAM RESULTS	8th Girls 4th 130pts	5th 177pts	4th 96pts			
Brian Casias	8th Boys 12:31-2	12:49-1	11:51-1	13:07-1		1.25
Ruben Campos	8th Boys 13:16-8	14:01-13	14:30-25	15:21-18	6:07-2	11.6
Mike Mitchel	8th Boys 14:06-21	13:30-5	12:56-4			14
Juan Rocha	8th Boys 13:58-19		13:52-13	14:28-10	8:53-19	15.25
David Soledad	8th Boys 15:06-39		14:17-16	14:56-13	6:31-5	18.25
Jorge Rubio	8th Boys 14:42-29	15:11-23	14:38-26	14:56-14	6:32-6	19.6
Mathew Simental	8th Boys 15:11-40	15:38-32	14:40-27	15:42-22	6:28-4	25
Raymundo Rodriguez	8th Boys 14:16-22		15:04-31			26.5
Brandon Urena	8th Boys	17:10-48	15:21-34	15:48-26	6:35-7	28.75
Julian Perez	8th Boys 16:20-54	15:09-22	15:42-35	17:05-36	6:44-9	31.2
Luis Lopez	8th Boys 15:20-44	17:13-49		15:45-24	6:56-10	31.75
Vincent Isassi	8th Boys 16:08-52		15:11-32		8:16-16	33.33
Hayden White	8th Boys		15:43-36	20:22-53	7:42-13	34
Sebastian Pinon	8th Boys	17:13-53	16:04-39	17:32-41	8:24-18	37.75
Juan Castrejon	8th Boys		16:50-42			42
Ernie Castro	8th Boys 15:21-45					45
Mark Dutchover	8th Boys	17:13-50				50
Juan Castro	8th Boys 16:59-57	18:15-60				58.5
TEAM RESULTS	8th Boys 2nd 72pts	2nd 64pts	2nd 46pts	1st 37pts		

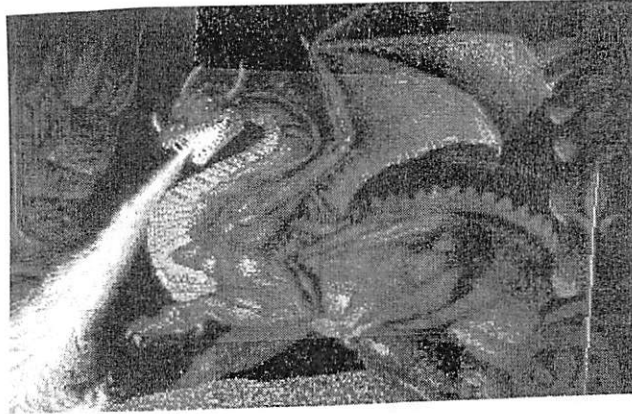








EASTWOOD KNOLLS MIDDLE SCHOOL

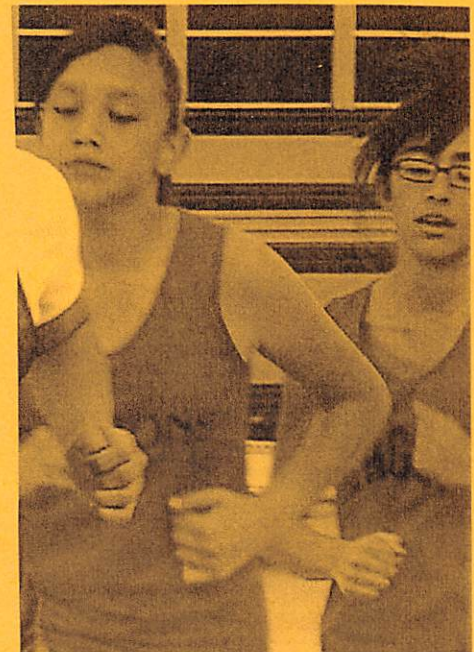


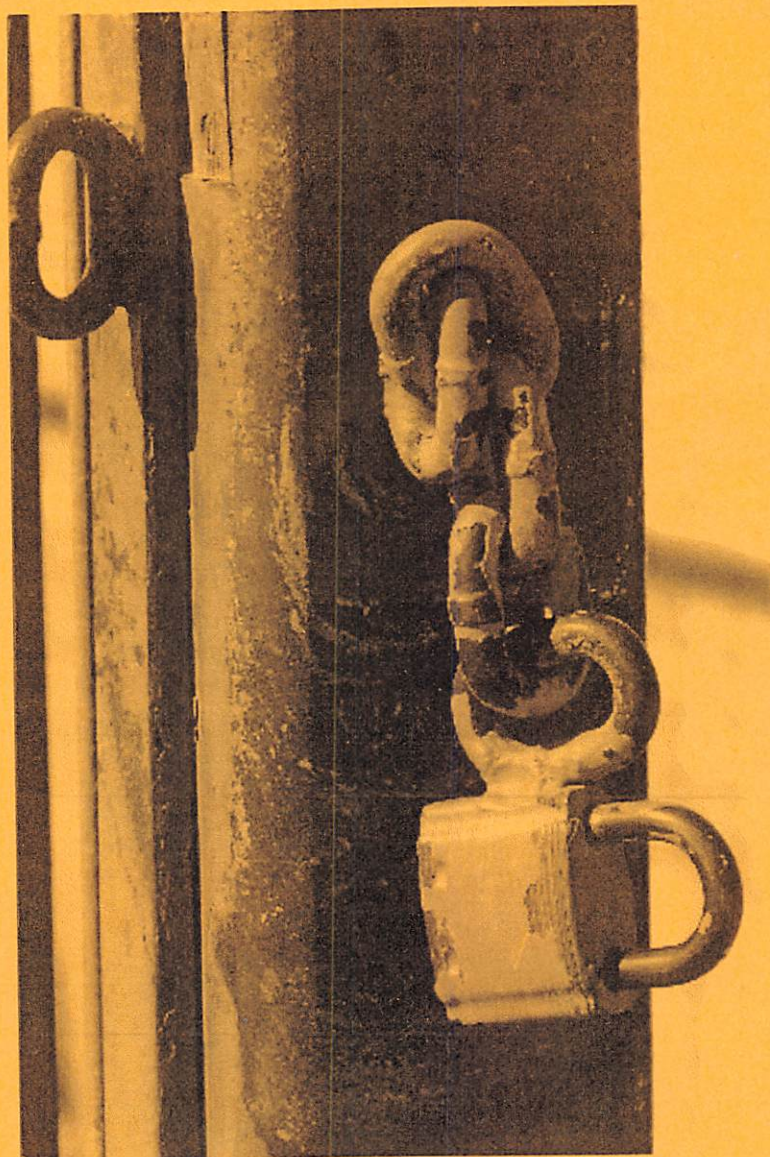
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ehstrack.bravehost.com Coach McLain mmpre@hotmail.com

2009 Eastwood Knolls Middle School

Name	Division	East Montana	Tornillo	Eastwood/Bel Air	District	Shoe	Season Average
Vanessa Parra	7th Girls	17:44-19	18:49-13	18:18-25	19:35-32		22.25
Kaylen Bujanda	7th Girls	19:09-24					24
Christina Serna	7th Girls	17:11-13	20:55-30	18:19-26	19:29-30		24.75
Haley Lujan	7th Girls	19:09-25	19:31-19	19:02-32	19:27-29		26.25
Elise McLain	7th Girls	17:31-17	20:47-28	17:37-18	20:32-42		26.25
Delenie Jackson	7th Girls				22:56-62		62
Janell Duarte	7th Girls	25:36-62	26:11-54	23:11-58	25:06-77		62.75
Andrea Elorreaga	7th Girls			25:07-64	23:39-72		68
TEAM RESULTS	7th Girls	5th 98pts	6th 144pts	7th 138pts	8th 178pts		
Domenick Hutterer	7th Boys	14:29-9	15:59-15	14:36-9	15:51-14		11.75
Juan Bayona	7th Boys	16:59-30		17:45-38			34
Leo Sanchez	7th Boys		19:39-44	17:46-39	17:36-26		36.33
Miguel La Porte	7th Boys	17:43-36	19:39-44	17:31-35	20:40-39		38.5
John Skitmore	7th Boys		20:39-50				50
Carissa Pinon	8th Girls	18:18-20	17:21-10	16:15-7	17:24-7	7:31-3	9.4
Cydney Shaw	8th Girls		17:58-13	16:50-12	17:02-5		10
Rebekah Anderson	8th Girls	17:12-13	17:56-12	16:23-10	17:45-13		12
Alexandria Serna	8th Girls	17:13-14	17:53-11	16:52-13	17:43-12		12.5
Isabel Torres	8th Girls	18:29-24	20:06-30		19:17-22		15.33
Wendy Najera	8th Girls	17:10-12	19:08-24	18:29-24	17:26-9		17.25
Idalis Gallegos	8th Girls	16:54-10	19:21-26	18:35-25	17:30-10		17.75
Gabrielle Sanchez	8th Girls	17:47-17	20:19-34	19:00-28	19:48-28		26.75
Destiny Lindsey	8th Girls	20:06-34		20:08-34	21:54-44		37.33
Vanessa Medrano	8th Girls	20:42-39	20:57-37	20:34-39	21:38-41		39
Melynda Venegas	8th Girls	20:05-33	22:22-50	19:34-31	21:53-43		39.25
Brittany Ochoa	8th Girls	21:17-42	21:30-42	20:56-42	22:03-47		43.25
Tania Martinez	8th Girls			20:49-41	23:02-55		48
Desiree Gonzalez	8th Girls	23:01-53	25:31-60	23:44-51	27:57-71		58.75
Andrea Morales	8th Girls	28:20-60	25:42-62	24:37-56	25:26-63		60.25
Miah Huerta	8th Girls	25:36-59	25:45-63	24:37-55	27:53-70		61.75

Deseree Ware	8th Girls 28:25-61	28:38-68	25:53-58	25:41-64	62.75
TEAM RESULTS	8th Girls 2nd 66pts	3rd 70pts	2nd 51pts	2nd 37pts	
Zachary Williams	8th Boys 15:23-46	16:52-45	15:13-33	16:19-30	38.5
Jonathan Rubio	8th Boys 16:23-55	17:14-51	18:24-46	17:10-39	47.75
Evan Allard	8th Boys 15:36-48				48
Mario Ramirez	8th Boys 18:35-66	19:02-63	19:05-47	18:43-49	56.25
Alec Torres	8th Boys 19:04-73	19:06-64	19:08-48	19:12-51	59
Hector Velez	8th Boys 22:06-78	23:45-72	20:07-54	22:52-57	65.25
Brandon Duarte	8th Boys 22:35-79	22:10-69	20:13-57	24:42-60	66.25
Gabe Macias	8th Boys 19:03-72				72
TEAM RESULTS	8th Boys 6th 287pts	9th 292pts	7th 167pts	7th 154pts	





For Information about Eastwood Cross Country as well Track & Field visit our website
ehstrack.bravehost.com Coach McLain mmpre@hotmail.com